

October at KFL



October 2021 | Volume 28, Issue 10

Library News

Join the Friends of KFL



Join the leadership team of the Friends — nominations are being accepted for the 2022 year. Be a part of planning book sales, meeting four times per year, and getting to know a wonderful group of library supporters. For more information, contact [Michelle Conners](#).



BULB SALE:

To Benefit KFL

DAFFODILS,
NARCISSUS, OR
LANDSCAPE MIX

Pickup at KFL
Wednesday,
October 20
10 am - 2 pm

Adult Programs

Heart and Home Book Club - October 4



The Heart & Home Book Club is a pick-your-own book discussion group. Participants choose their own fiction or nonfiction book based on a monthly theme. If you've been thinking about trying out our book group, we encourage you to do so. It's always fun to hear about what people read and how they link it to the meeting's theme. It's not at all uncommon for one or more of us to read a children's book or young adult novel. Our unofficial motto is "there is no wrong way to do book club", and everyone is welcome!

Upcoming meetings:

On Monday, October 4, at 2:00 p.m., our theme will be: *Illustrated Books*

On Monday, November 1, at 2:00 p.m., our theme will be: *Simplicity*

Depending on conditions at the time, these meetings will be held in person at the library or virtually on Zoom. Location information will be posted to our website's calendar as soon as it is available.

Author Ken Janes - October 4



KFL will host Ken Janes, Author of *Life List: Field Notes of a Maine Birdwatcher* on Monday, October 4 at 6:00 p.m. at the First Parish Unitarian Universalist Church of Kennebunk (next door to the library).

Janes says: "The purpose of the book, *Life List: Field Notes of a Maine Birdwatcher*, is to illustrate the incredible variety of bird life we witness along the coast of Maine. Every page reflects field notes and photos taken over the past nine years. There is no way this book could represent every species of bird found here because some have yet to be photographed well enough to include them. The dates and descriptions of conditions are accurate. The years have been compressed, however, because not every bird is seen each year. Some rarities were spotted once, sometimes just for a few minutes. Others visit us daily.

The majority of pictures were taken at Kennebunk Beach, specifically on the walk down Great Hill Road to the Mousam River. The river empties into the Gulf of Maine at Parsons Beach and also floods the estuary behind the beach at high tide. This intertidal zone creates diverse habitats in a small area, perfect for nesting birds and also an ideal location to photograph birds as they pass through each season. Nearby Wells Reserve at Laudholm Farm is an excellent resource for birdwatchers also and many photos were taken there.

During the talk we can discuss the different birds we might see in Kennebunk and also I will be happy to share what I have learned about optics, cameras, lenses and tips for bird photography.

My hope is that this presentation will instill an awareness of the diversity of life around us and hopefully inspire us to take necessary steps to preserve these species for generations to come."

Growing up in a small town in Massachusetts, Ken Janes developed a life-long interest in the natural world that led to a Bachelor's Degree in Biology, Tufts University Medical School, and a five-year surgical residency at New England Medical Center in Boston that was interrupted by two years as a surgeon in the U.S. Army. During a 36-year career in General Surgery, Ken kept a list of birds that were seen for the first time, whether in the backyard or on vacations, and noted them in the margins of a Peterson Field Guide. Though he didn't know it at the time, this is called keeping a "Life List." After owning a home in Kennebunk since 1985, Ken and his wife Sandy moved to Maine full-time ten

years ago where birding and bird photography have become a full-time passion. A past board member of York County Audubon, many of his photos have been used by Cornell Lab of Ornithology, Maine Audubon, Maine Rivers and other local conservation groups. He has volunteered with the International Shorebird Survey and the Maine Breeding Bird Atlas project and has traveled to Costa Rica, Belize, Ecuador, Trinidad, and Mexico in pursuit of rare birds to photograph and to add to his life list.

Introduction to Beekeeping with Kevin McDonnell - October 5



Have you ever wondered why beekeeping has become so popular in the last few years? On Tuesday, October 5 at 6:00, KFL will host beekeeper Kevin McDonnell at the First Parish Unitarian Universalist Church of Kennebunk (next door to the library).

McDonnell will explain why it's great to be a beekeeper. He will tell us a bit about bees and show us the various parts of the hive. He will also talk about what you need – and need to know – to get started in beekeeping.

McDonnell lives in Kennebunkport and has been beekeeping for 5 years. He is a member of the York County Beekeeper Association (YCBA) and the Maine State Beekeepers Association. (MSBA) Kevin is currently enrolled in the Cornell University Master Beekeeping Certificate Program. He retired in 2019 after a 38-year career in engineering at Pratt and Whitney Aircraft.

In Stitches - October 5, 12, 19, 26



Do you love to knit? Crochet? Sew? Have you always wanted to learn? Do you have an unfinished project hidden on the closet shelf? Then join us every Tuesday at 11:00 for "In Stitches", our weekly handicrafts group! Grab that half-finished project and enjoy the company of others while you work; all skill levels are welcome. Feel free to stop by for a few minutes or stay the whole hour.

Please check the online calendar listing for this program on the morning of the meeting to learn whether we will be meeting in-person (outdoors at the library) or virtually (via a Zoom meeting). Masks are strongly recommended.

Take Note - October 18

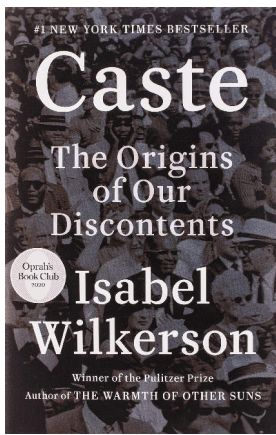


New Day & Time!

Join Kennebunk Free Library on Monday, October 18 at 2:00 p.m. for Take Note: a monthly meetup for folks who love journals, planners, digital notebooks, snail mail, stationery, pens, & more! We'll discuss our favorite supplies & current projects in a free form discussion. Come to chat, ask questions, or listen. No experience needed. New participants are always welcome!

Depending on conditions at the time, this meetup will be held in person at the library or virtually on Zoom. Location information will be posted to our website's calendar as soon as it is available.

Nonfiction Book Group - October 18



Join us on Monday, October 18 at 6:30 p.m. to discuss *Caste* by Isabel Wilkerson. The discussion will be held in person at the library; outside if weather permits. Masks are required inside.

"In this powerful and extraordinarily timely social history, Pulitzer winner Wilkerson (*The Warmth of Other Suns*) investigates the origins, evolution, and inner workings of America's "shape-shifting, unspoken" caste system. Tracking the inception of the country's race-based 'ranking of human value' to the arrival of the first slave ship in 1619, Wilkerson draws on the works of anthropologists, geneticists, and social economists to uncover the arbitrariness of racial divisions, and finds startling parallels to the caste systems of India and Nazi Germany. The Nazis,

Wilkerson notes, studied America's restrictive immigration and anti-miscegenation laws to develop their own racial purity edicts, and were impressed by the 'American custom of lynching' and 'knack for maintaining an air of robust innocence in the wake of mass death.' While India abolished formal laws that defined its caste systems in the 1940s, and America passed civil rights measures in the '60s, their respective hierarchies live on, Wilkerson writes, in 'hearts and habits, institutions and infrastructures.' Wilkerson cites studies showing that black Americans have the highest rates of stress-induced chronic diseases of all ethnic groups in the U.S., and that a third of African Americans hold antiblack biases against themselves. Incisive autobiographical anecdotes and captivating portraits of black pioneers including baseball pitcher Satchel Paige and husband-and-wife anthropologists Allison and Elizabeth Davis reveal the steep price U.S. society pays for limiting the potential of black Americans. This enthralling exposé deserves a wide and impassioned readership. (Publishers Weekly, vol 267, issue 26)

Immune Supporting Foods with Dietician Megan Patten - October 19



On Tuesday, October 19 at 6:00, KFL will host Megan Patten MS, RD, LD, Hannaford Dietitian, for a nutrition talk focusing on immune supporting foods. This presentation will focus on how our immune system works and lifestyle steps we can take to better our defense system. Learn specifically about certain nutrients we get from foods that can help prepare the body's immune response, as well as dietary recommendations to support the body.

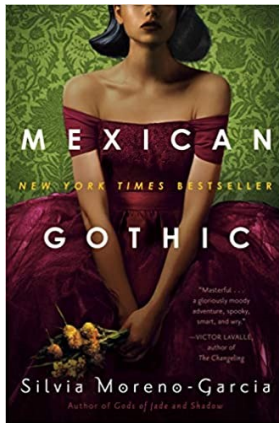
Depending on conditions at the time, this program may be in-person at the library or may be on Zoom. Check the library website the week of the program for current location information.

Halloween Block Printing - October 25



On Monday, October 25 at 5:30, come carve a Halloween design and print a festive card to send! We will provide all the supplies needed to make a small block print for you to take home and reuse. Space is very limited and [registration is required](#). This program is intended for adults 18+ and will be held in-person in Hank's Room.

Adult Book Discussion - October 26



Join us on Tuesday, October 26 at 1:00 p.m. to discuss *Mexican Gothic* by Silvia Moreno-Garcia. Weather permitting, the discussion may be held in-person and outside. Check the website the day of the program for details.

"Gothic horror tales — from the short stories of Edgar Allan Poe to [Jordan Peele's](#) 2017 film [Get Out](#) — are almost always about escape. Run away! Run away from demons and haunted houses; from graveyards and ghouls; from racism and sexism. Social criticism is embedded within the Gothic formula, a truth that Silvia Moreno-Garcia certainly appreciates. Her new novel, *Mexican Gothic*, is a ghastly treat to read, but this supernatural escape tale isn't simply escapist. Set in Mexico in 1950, when women weren't yet allowed to vote, *Mexican*

Gothic explores how, for its independent female characters, marriage threatens to be a premature burial.

The heroine of *Mexican Gothic* is Noemí Taboada, a beautiful socialite given to wearing luscious full-skirted purple gowns and good furs. Noemí, we're told, "was expected to devote her time to the twin pursuits of leisure and husband hunting."

Glittering as she is, however, Noemí harbors ambitions to attend the National University for a masters in anthropology. Of course, her parents object. But, one night her father summons her home early from a party to offer her a deal: A year ago, Noemí's orphaned cousin, Catalina, impulsively married a man from an old Anglo family who made their fortune long ago in silver mining. Catalina's new husband whisked her off to a remote part of Mexico and little has been heard from her since. Now, however, a letter has arrived in which Catalina sounds insane, claiming she's being poisoned and that the walls of the ancestral mansion are binding her with "threads like iron through [her] mind and ... skin." She begs Noemí to get her out.

Noemí's father assumes this is just another case of female hysteria, but he doesn't want the family name sullied by a divorce. He orders Noemí to travel to her cousin and calm her down. In return, he'll consider allowing Noemí to attend the university. Noemí sets out on a mission to prove her worth to her father.

What ensues is an inspired mash-up of [Jane Eyre](#), Ann Radcliffe's [The Mysteries of Udolpho](#), [Dracula](#), [Rebecca](#) and that 1958 classic sci-fi movie, [The Blob](#). Moreno-Garcia has a sharp ear for the slightly antiquated and sinister language of the Gothic. For instance, Noemí is picked up at the local train station by Catalina's brother-in-law, a young man named Francis. Noemí will later describe him as, 'very thin, his face ... that of a plaster saint haunted by his impending martyrdom.'"

Maureen Corrigan for NPR

Ukulele Group - October 27



Join us on Wednesday, October 27 at 5:30 p.m., for virtual ukulele group with group leader Dan Riggall. If you are not already part of the ukulele email list, please [register](#) for this month's music and the Zoom link.



Now Loaning Switch Games!

We are excited to announce that we are building a collection of Nintendo Switch games for patrons to borrow. Come and check out familiar favorites or new and exciting indies! The games can be found with our board game collection next to the main circulation desk!



Teen Gaming Fridays - Oct. 8, 15, 22, 29

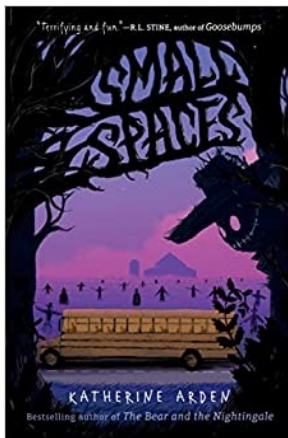
After a stressful week we all need a chance to relax with friends. Join us each Friday at 3:30 p.m. for Virtual Teen Gaming. We meet via Zoom to chat and play a number of different games! Find the link on our events calendar or our Facebook page. Open to teens ages 10 and up!

Teen Magic the Gathering



Come and test out your Magic the Gathering deck among friends! Open to new and experienced players alike. We will meet every other week on Thursdays at 3:30 p.m. We will meet this month on **October 14** and **October 28**. Players are free to bring their own deck or use decks provided by the library. If you've never played before, feel free to come and learn at your own pace. Open to teens ages 10 and up!

Middle School Book Group - October 27



Join us for Middle School Book Group!

On Wednesday, October 27 we will meet virtually to chat and discuss a book. The Zoom link will be posted in our events calendar as well as on our Facebook page. The meetings will run from 2:30 until 3:30 p.m. This program is open to teens in grades 6 through 8.

The book club is being offered in collaboration with Louis T. Graves Memorial Public Library in Kennebunkport. The hosts will be Terri Bauld from Graves Library and Jon Roy from KFL.

This month we will be reading *Small Spaces* by Katherine Arden. Copies of the book are available at both libraries.

Please sign up in advance by calling either the Graves Library (967-2778) or KFL (985-2173). Please read the book in advance of the meeting. If you have any questions, please call either library for more information.

Teen Dungeons and Dragons Adventures



Come and join in on an exciting quest in the world of D&D. Open to new and experienced players alike. We will meet on **October 18 and 25** from 3:30 – 5:00 P.M. You're welcome to bring your own character or make a new one. All other supplies will be provided. New players are encouraged to come and join the adventure. If you have any questions see Mr. Jon. Open to Teens ages 10 and up!

Children's Programs



Outside Storytime - Mondays

Outside storytimes are continuing for the month of October! We will be taking a short break for the first two weeks of the month. Most Mondays at 10:00 a.m., storytimes will be held outside the library. Join Miss Maria for songs, stories, and fun! Bring a blanket or towel to sit on, and don't forget your sunscreen! In the event of rain, storytime will be held on Facebook Live. The location of storytime will be announced by 8 a.m. on Monday morning, and will be shared on our Facebook page and website. Masks are strongly recommended.

Upcoming storytime dates include:

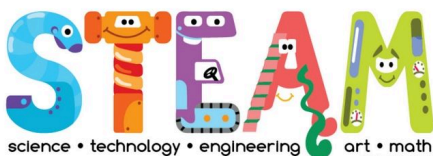
- October 18
- October 25



Nighttime Stories on Facebook

What better way to wind down at the end of the day than with a story or two? Join in for nighttime stories with Miss Emmaline! Every week, you can find a video from Miss Emmaline sharing some relaxing stories for bedtime. The videos will be posted on our Facebook page, which you can access [here](#). You do not need to have a Facebook account to view our page! Settle in and enjoy the stories!

STEAM To Go Kits - Starting October 4



Looking for an activity with a side of STEAM? We will be offering STEAM To Go kits for grades K and up with all the supplies for a fun experiment or activity. No registration required, available while supplies last! Kits will be available in the library and curbside by request. This month, we will be offering a coffee filter project that shows how water travels in a leaf! Kits will be available starting Monday, October 4. Visit us to grab everything you need for a



KenneBOOnk Halloween - October 27

Boo to you! Join us on Wednesday, October 27, at 6:00 p.m. for a spooktastic time! Enjoy a story or two, take home a bewitching craft, and wear your costume for all to see! Get ready for an eerie time! This event is designed for all ages – please keep your super spooky things for Halloween night! This event will be located outside the Children's Room, near the Faerie Garden. Masks are recommended. In the event of rain, this event will be held via Zoom. For updates on event location, please visit our website or Facebook page.



Take and Make Kits

Looking to get crafty? Kennebunk Free Library will be offering take and make craft kits with all the materials to make a craft or two. No registration required, available while supplies last! Kits will be available in the library and curbside by request. This month, we will be offering crafts to celebrate Halloween! Kits will be available starting Monday, October 4. Visit us to grab some supplies that will help you get creative!



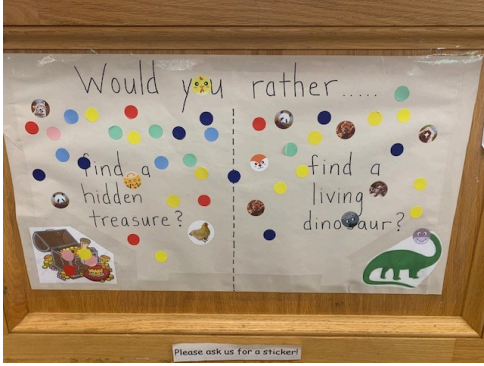
Book Stacks for Children

Would you like to borrow a stack of library items handpicked by a librarian? We'd love to choose some materials for you! We have lots of brand-new books to share with you! A KFL library card is required. If you're interested, fill out the [Google Form](#) and give us some information about your interests and the types of things you like to borrow from the library. If you have any questions, you can reach us [via email](#) or by phone at 985-2173. We're excited to choose library items for you!



Scavenger Hunt

Great news – the monthly scavenger hunt in the Children's Room is coming back! Starting in October, pick up a clue sheet at the desk in the Children's Room. Find the pictures, check them off on your sheet, and get a small prize! We're so excited to have the scavenger hunt back!

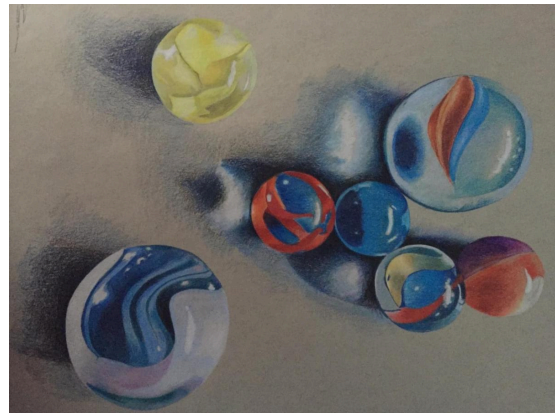


The results for this month's Would You Rather question are in! In September, we asked, "Would you rather find a hidden treasure or a living dinosaur?" 29 friends wanted to find a hidden treasure, while 21 friends would prefer to find a living dinosaur! One friend just couldn't decide and placed a sticker right in the middle. It's a tough question! Which would you choose? Keep an eye out for our next Would You Rather question in the Children's Room!

Speers Gallery

October Artist: Deborah Joan Granneman

The Kennebunk Free Library announces its October 2021 "The Finer Details" exhibition of colored pencil and pastel art by Deborah Joan Granneman. The public is invited to view the exhibit in the Speers Gallery beginning October 1 during regular library hours when the gallery is not in use for library programs. Please check the library website for current hours and gallery access.



Deborah's formal education includes a BA in Fine Arts from the University of Delaware, with a major in print-making and photography. She has also taken several Graphic Arts courses at the Southern New Hampshire University and attended the Portland School of Art in Portland, Maine, currently known as the Maine College of Art, for a course in lost wax bronze sculpture.

Deborah has been a Forensic Artist and Mapper in Accident Reconstruction for the past twenty-four years. She has also designed several logos for individuals and organizations. Her fine art mediums of choice have always been pencil and pastels. For the last twenty years she has also been a pet portrait artist in graphite and colored pencil.

Deborah has been a member of the Kittery Art Association Board of Trustees since 2017 and has exhibited in five shows at the KAA gallery from 2017 to 2021.

She feels that "As artists, the most that we can hope to do is capture that moment and depict it in the best way that we can and if we're lucky, someone else will feel it."

Kennebunk Free Library is pleased to display the works of this talented artist.

New Books, Audio Books, and DVDs

Please note that the new items lists below are updated regularly, but through a quirk of the system, the newest items go to the end of the list. If you want to see the newest arrivals, start on the last page and work your way backward.

[Click here](#) for a look at books that arrived in the last month.

[Click here](#) for audio/video that arrived in the last month.

[Click here](#) for new children's items that arrived in the last month

[Click here](#) for new teen items that arrived in the last month

Want to know if we have this week's New York Times bestsellers available in our various collections (print, large print, audio, ebook, eaudio)?

[Click here](#) to see the fiction and nonfiction best seller list.

Hot New Releases on Order for October

October 5

[Foul Play – Stuart Woods](#)

[The Butler – Danielle Steel](#)

[The Jealousy Man and Other Stories – Jo Nesbo](#)

[Crossroads – Jonathan Franzen](#)

[2 Sisters Detective Agency – James Patterson](#)

[Book of Magic – Alice Hoffman](#)

[A Carnival of Snackery – David Sedaris](#)

October 12

[The Brides of Maracoor – Gregory Maguire](#)

[No Words – Meg Cabot](#)

[State of Terror – Louise Penny and Hillary Clinton](#)

[Silverview – John LeCarre](#)

[The Party Crasher – Sophie Kinsella](#)

[Claws for Alarm – Rita Mae Brown](#)

[Child of Light – Terry Brooks](#)

October 19

[The Judge's List – John Grisham](#)

[Over My Dead Body – Jeffrey Archer](#)

[Oh William! – Elizabeth Strout](#)

[Dear Santa – Debbie Macomber](#)

October 26

[Better Off Dead – Lee Child](#)

[Down the Hatch – M.C. Beaton](#)

[The Nameless Ones – John Connolly](#)

[The Joy and Light Bus Company – Alexander McCall Smith](#)

A Message from the Friends

A big thank you to all the volunteers, staff, and patrons for supporting our Harvest Book Sale. Your continued support of our sales has made it possible for the Friends to provide programs and materials for our Library. And a special thank you to those of you who sort, box, and shelve the generous donations that come in.

Regarding donations, please follow our guidelines: Books must be clean and unmarked: no mold, water damage, highlighting, endearments or dedications. Because of space constraints and resale value we can no longer accept coffee table sized books, reference books (dictionaries, text books etc.) or self help books.

After serving seven years on the Board of The Friends, I am stepping down. My time on this Board was made easier with the help of Michelle, Allison and the entire staff and my committee. Thank you all!!!

At our November meeting, nominations will be accepted for this position. The three remaining positions will remain in the good care of Deb, Risa, and Peg. They care deeply for this institution, its staff and you, the Friends. If you are at all interested in this position, please contact [Michelle Connors](#). The term starts in January.

A Message from the Library Director



As we enter the fall we have several fundraisers for you to partake in. For those who participated in our Bulb Sale Fundraiser please stop by on Wednesday, October 20, from 10-2 in our amphitheater to pick them up. There will be a virtual wine tasting held on Tuesday, November 16, at 6:30 with Lani Dietz from Maine & Vine. Soon, we will also begin selling Wreaths of Maine wreaths for pickup on Saturday, November 20. Kennebunk Free Library is a 501c3 nonprofit that needs to raise approximately \$200,000 every year to supplement municipal appropriations from the towns of Kennebunk and Arundel. Your support is very much appreciated.

We also have a fun way to contribute back to our littlest of patrons and any children at heart. Come by in costume on Friday, October 29, from 4-6 pm for the Chamber's Business Trick or Treating.

Staff Picks & Messages

Kat, Library Assistant

Earth Keeper Reflections on the American Land by N. Scott Momaday

Read this small book and witness what this Pulitzer Prize winning poet and author has to offer us about his Native American experience. Through poetry, drawings and remembrances of the land, his upbringing on reservations of the Kiowa, Navajo, Apache and Pueblo people, he explores the notion of Manifest Destiny and the shame of damaging the Earth.

The Empathy Diaries by Sherry Turkle

When I picked out this audio book on Overdrive, I only knew it was a memoir. I found this book fascinating. We meet Sherry as an adult searching for her birth father. She takes us back to her life as a young Jewish girl, just after WWII, living in a complex family situation. Through her own personal struggles during her college years, living in Paris attending lectures by psychoanalysis experts of the day and then her return to the USA to become immersed in the explosion of computer technologies. She merges the two fields and is the founding director of the MIT Initiative on Technology and Self. A unique perspective of the evolution of AI and its relationship to humans.

The Vanishing Half by Britt Bennett

The Vignes twins, Desiree and Stella are identical light skinned Black girls born in the deep south in the 1950's. They are traumatized by the brutal lynching of their father and then the daily struggle to survive with their widowed mother. Forced to quit school at age 16 to work in a rich family's house, they run away together to find a better life. The twins

lose contact with each other and their lives take radically different turns: one returning to her hometown with her black daughter and the other passing for white. This is an engaging family story that explores the history of passing for white through the late 20th century.

Denise, Library Assistant



Kennebunk Free Library | kennebunklibrary.org

