

**Monthly E-Newsletter  
October 2018  
Volume 25, Issue 10**

**'Tis the Season**

**Our Annual Wreath Sale is Back!**

Kennebunk Free Library is now accepting orders from individuals and businesses for wreaths which will be delivered to the library for **pick up on Sat., Nov. 17th**. Made at Wreaths of Maine in Waldoboro these beautifully handmade, double-sided 23" Balsam wreaths, centerpieces and sprays will adorn your front door and make excellent gifts.

There are multiple options to choose from ranging from \$30-\$40 as well as a **33" wreath** suitable for larger windows and doors. The cost for the 33" wreath is only \$53. Every wreath is hand made by a skilled wreath-maker and decorated. All proceeds benefit the Library.

For an additional fee, **wreaths can be shipped** to friends and loved ones. The wreaths are delivered in decorative boxes using the fastest delivery possible, so wreaths arrive fresh. They come with a personalized gift card and a hanger is attached. The 33" size cannot be shipped. Orders are accepted through November 12 at 8:00 PM.

Stop by the library to pick up an order form or, new this year, [order online.](#)



## Adult Programs

### Marine Mammals of Maine - October 1

Do you know what to do if you find an animal stranded on the beach? Marine Mammals of Maine rescues 300 marine animals every year, and works hard to nurse these animals back to health. Join us on October 1 at 6:00 p.m. to learn more about Marine Mammals of Maine, the current status of seals in Maine, and learn how to tell if a stranded animal really needs help and what you should do. We will talk about some of the common

local marine animals you may see off the coast or on the beach. You'll even get to participate in a mock seal and dolphin rescue and health exam!



### Genealogy Group - October 6

Genealogy often focuses on sifting through history to find information about your ancestors. However, it is equally important to ensure that information is preserved for future generations. On Saturday, October 6, 2018 at 10:00 a.m., the KFL Genealogy Group will host a workshop to learn about oral history techniques. Conducted by Keith Ludden of Oral History and Folklife Research, the workshop will cover interviewing skills, sound recording skills, and an introduction to the legal and ethical issues in oral history work.

ORAL HISTORY IN  
THE COMMUNITY

### The Biology of Addiction - October 10

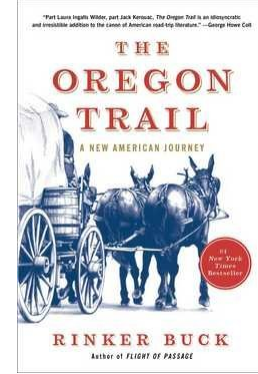
Join us on October 10 at 6:00 p.m. to learn about "The Biology of Addiction" with Vanessa Levin of Addiction Recovery Services. Levin will discuss the latest scientific understanding of addiction and substance use, as well as treatment, with a question and answer session to follow. All are invited to learn about this important topic.



### Nonfiction Book Group - October 15

Join us on Monday, October 15 at 6:30 p.m. to discuss *The Oregon Trail* by Rinker Buck.

"Road trip, old-school style! Though the Oregon Trail fell out of favor with travelers after the transcontinental railroad was finished in 1869, it's still possible to travel the trail from Missouri to Oregon (though some parts are now paved roads). Over 100 years after the last known crossing, journalist Rinker Buck, his brother, and his brother's Jack Russell terrier set out in a covered wagon pulled by mules. Along with riveting details about their four-month, 2,000-mile trip (Terrible thunderstorms! Broken wagon wheels! Helpful strangers!), Buck describes the rich history of the trail and the pioneers who made the journey before him. Funny and touching, this book should especially please those interested in American history. -- Novelist"



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## Devilishly Delicious Demos - October 17

This month's Devilishly Delicious Demos theme is hot pockets! Veggie or meat, sweet or savory, these clever little hand pies are perfect for a meal - or dessert - on the go. Join KFL trustee Jolene Staruch on Wednesday, October 17 at 6:00 to learn techniques for making hand pies and enjoy a variety of delicious samples. Please call the library to register. Space is limited to ensure that there are enough treats to go around.



Samples from September's Phyllo Program

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## Getting Into Goodreads - October 22

Have you ever wished for a convenient way to keep track of what you've read and what you'd like to read in the future? Join us on October 22 at 6:00 to learn how to use the website Goodreads to make reading lists, rate books, get recommendations of what to read next, and so much more!

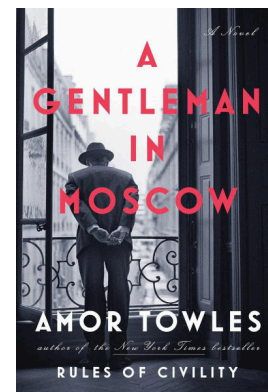


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## Adult Book Discussion - October 23

Join us on Tuesday, October 23 at 1:00 p.m. to discuss *A Gentleman in Moscow* by Amor Towles.

"Sentenced as an incorrigible aristocrat in 1922 by the Bolsheviks to a life of house arrest in a grand Moscow hotel, Count Alexander Ilyich Rostov is spared the firing squad on the basis of a revolutionary poem he penned as an idealistic youth. Condemned, instead, to live his life confined to the indoor parameters of Metropol Hotel, he eschews bitterness in favor of 'committing himself to practicalities.' As he carves out a new existence for himself in his shabby attic room and within the magnificent walls of the hotel-at-large, his conduct, his resolve, and his commitment to his home and to the hotel guests and staff together form a triumph of the human spirit. As Moscow undergoes vast political changes and countless social upheavals, Rostov remains, implacably and unceasingly, a gentleman. Towles presents an imaginative and unforgettable historical portrait." -- Flanagan, Margaret (Reviewed 7/1/2016) (Booklist, vol 112, number 21, p41)



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## The Benefits of Plant-Based Eating - October 23

On Tuesday, October 23 at 6:30, presenter Joy Watts will discuss the benefits of a plant-based diet. Watts is a resident of Kennebunk, pursuing her passions for wellness and natural healing through her education at the Institute of Integrative Nutrition. She also works under Dr. Tony Lebro at A Lebro Center for Wellbeing, located in Kittery. Her strong beliefs in the benefits of plant-based eating are a culmination of her care for both the planet and healthy living. Joy finds delight in cooking for her friends and family, as well as exploring and creating new and fun recipes! She looks forward to spreading awareness of the beauty of sourcing our food from the earth, what this lifestyle can do for your wellbeing, and holding space for an engaging discussion!



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## Ukulele Group - October 24

On Wednesday, October 24 at 5:30, come to KFL for the fun of making music in the library. Though most of us are newbies, still learning to play the ukulele, people of all skill levels are invited to stop by to play along. Instructor Dan Riggall combines basic instruction with the opportunity to make music.

The library has a limited number of ukuleles available. Please let us know if you will need to borrow one. We will do our best to accommodate you.



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## Trivia Night - October 31

The last Wednesday of every month is Trivia Night at KFL. This month's Trivia Night just happens to fall on Halloween. Come in costume if you're feeling the Halloween spirit.

Admission is free, but players who choose to pay a \$2 entry fee are eligible to collect a share of half of that night's pot if their team wins. (Of course, if you're playing alone, you keep the whole half.) The other half goes to purchasing items for the library's collection. Join us on September 26 at 6:30 p.m.



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## In Stitches - October 2, 9, 16, 23, & 30

Do you love to knit? Crochet? Sew? Have you always wanted to learn? Do you have an unfinished project hidden on the closet shelf? Then join us for "In Stitches", our handicrafts group! This is a great opportunity to expand your skills and learn from others, about knitting, crocheting, sewing, embroidering, or other handicrafts while enjoying the company of others. Bring a project you are working on, or come learn from the very beginning (please bring your own supplies). Knitting help will be available.

In Stitches meets every Tuesday morning at 11:00 a.m. in the Walker Room. No registration is needed, just drop by for as long as you like.



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## Tech Time - October 5, 12, 19 & 26

Join us on **Fridays from 10:00 a.m. to 12:00 p.m.** for our ongoing service, Tech Time. Attendees will work one-on-one with a librarian to answer your technology questions. Registration required.

Technology is becoming more complicated so we're here to help. Having difficulty downloading the cloudLibrary app? Got a tablet for your birthday and need help setting it up? Please make an appointment by contacting the library at 207-985-2173. This service has quickly become very popular so your patience in waiting for an accommodation is greatly appreciated.



This service is intended to help educate you about your device or to troubleshoot minor technology issues. Our goal is that you'll leave our session with the confidence and knowledge to troubleshoot your own future technology hurdles.

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## Teen Programs

### Friday Fun

#### October 5 3:00 p.m

Come join us as we create a secret compartment with Book Boxes!

#### October 12 3:00 p.m.

As it gets darker earlier it is essential that you always have a flashlight, come join us at 3 p.m. as we make our own Flashlight!

#### October 19 3 p.m.

Come join us as we see how effective a rubber band powered car would be and test Newton's laws of energy.

### October 26 3 p.m.

Come get in the mood for Halloween as we try a variety of experiments with Dry Ice! Come make a potion bubble or a bubble fill with smoke! (Waiver signed by parents required.)



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### Teen Anime - October 17

Come talk about anime, learn to draw your favorite characters, watch your favorite anime films and TV shows on the projection screen and everything anime in-between on Wednesday, October 17 at 3:00 p.m. It is open to students and teens ages 10 and up.



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## Children's Programs

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### Beadcraft - October 3

Perler Beads - tiny plastic beads that can melt - were first introduced as a craft in Sweden in the 1950s and we still love them! Children ages 6 and up are invited to join us for an afternoon of beading fun on Wednesday, October 3, at 1:00 p.m. Design suggestions will be offered, but creativity is encouraged! All craft materials will be provided. Registration is required.



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### Tail Waggin' Tutor - October 6

On Saturday, October 6 from 10:00 to 11:00 a.m., children of all ages can practice their reading by reading to Jack, a certified therapy dog. Library Reading Dogs can help children increase their reading skills and become more confident readers. The dog provides a non-judgmental listener and children often relax in a manner they might not when reading to an adult or sibling. Practice gained by reading to a dog has been shown to help students increase reading

fluency. Of course, associating reading with something fun like patting a dog helps too!



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## Chickadee Book Club - October 10

KFL is starting a book club for first and second graders! We will meet to read and talk about Chickadee nominated picture books, and have some fun! The club will meet on the 2<sup>nd</sup> Wednesday of each month at 3:30. Our first meeting will be Wednesday, October 10. We will be discussing *Baabwaa and Wooliam* by David Elliott. Copies can be reserved via Minerva online or at the library. Registration is required, and is limited to 15 readers. For more information or to register, call 985-2173. Come read with us!



Next month, the Chickadee Book Club will meet on Wednesday, November 14, at 3:30 p.m. We will be reading *Sarabella's Thinking Cap* by Judy Schnacher.

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## I Survived: Earthquake Edition - October 11

San Francisco, April 18, 1906. The peaceful Wednesday morning tranquility was suddenly shattered by one of the deadliest earthquakes in U.S. history. Trees toppled, buildings crumbled, and fires soon broke out throughout the city, causing widespread destruction. Today, engineers building things in earthquake-prone areas need to design buildings that can resist earthquakes, to help prevent another disaster on this scale. Children in grades 1+ are invited to join us on Thursday, October 11<sup>th</sup> at 4:00 for *I Survived: Earthquake Edition*, continuing our series of programs inspired by the popular *I Survived* books by Lauren Tarshis. No registration needed, just drop by to learn a little about earthquakes and the San Francisco one in particular, and challenge yourself: Can you build an earthquake-proof building?



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## Crafternoon - October 18

Are you ready to get crafty? Come to Kennebunk Free Library on Wednesday, October 18 at 4:00 p.m. for all the crafting you can handle! We will have several crafts available for you to choose from. Make one, or make them all! All ages are welcome to attend; however, please be aware that paint and small craft pieces may be present. No registration required.



## Junior Science: Spy Messages! - October 22

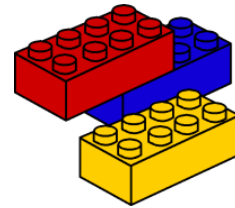
Science can be wacky, wild, or funny, but it's always an adventure! We will be holding a Junior Science series of programming for young scientists to experiment and observe the surprising results. Please join us on Monday, October 22 at 4:00 p.m. as we experiment with sending spy messages! For kids ages 5 and up, registration is required.

In September, the kids had a so much fun as we experimented with Hot Ice! They learned about chemical reactions and new terms like super cooled liquid and an exothermic reaction.



## LEGO Club - October 24

Come join us on October 24 at 4:00 p.m. for Lego Club! This month come join us for a building challenge that will push your builder abilities to the limit. If you are feeling more creative come build a Lego creation of your own imagination. Registration is required, for kids ages 4 and up.



## Homeschooling Group - October 25

Are you the parent of a homeschooler? Are you looking for a place to talk about your experiences with other parents? KFL has started a group for parents of homeschoolers to discuss and share resources. A librarian will be available to answer questions and offer guidance. Our next meeting will be held on Thursday, October 25 at 3 p.m. Homeschooling is a journey - join us to talk about your travels!



## A Not-So-Spooky KenneBOOnk Halloween - October 29

Boo to you! Join us on Monday, October 29, at 6 p.m. for a spooktastic time! Enjoy a story or two, make a bewitching craft, and parade through the library in your costume! Get ready for an eerie time! This event is designed for all ages - please keep your super spooky things for Halloween night!



## Storytimes

**Mondays at 10:15:** Peek-A-Book Babies (ages 0-2)

**Tuesdays at 10:15:** Family Storytime (ages 0-5)





## Parenting Class

Due to scheduling difficulties, the Parenting Class with Stevie Westmoreland on October 5 has been cancelled. Parenting Classes will resume on Friday, November 2 at 10:00 a.m.

## Speers Gallery

### October Artist - Bill Thompson

The Kennebunk Free Library announces its October 1 to 31, 2018 exhibition, "**Captured Creations - Photo Artistry in 8x12**" the digital artistic photography of Bill Thomson. The public is invited to view the exhibit at 112 Main St., Kennebunk, Maine during regular library hours when the gallery is not in use for library programs.



## A Message from the Friends

### Friends Annual Meeting - November 5

The next Friends meeting will be held Monday, November 5 at 6:00. We will be voting on the executive positions. We have openings for Vice President and Secretary. Please let us know if you would be interested in serving in one of these positions. Wine and snacks will be served. Please RSVP.

## Library News & Events

### 2018 Annual Appeal

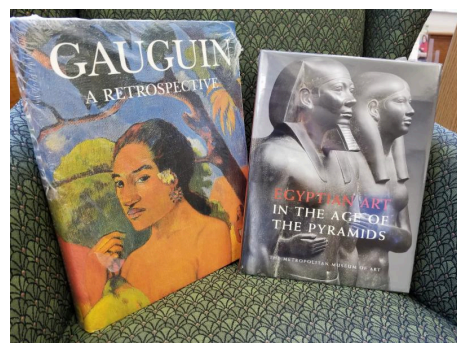
A big thank you from KFL staff and Trustees to all of you who helped us meet our Annual Appeal goal! It is because of your generosity that we are able to offer the programs and materials that you see in this newsletter. [Click here](#) to see this year's donors.



### Harvestfest Book Sale - October 13

Friends of the Kennebunk Free Library will have a Book Sale on Saturday, October 13 from 8:30 a.m. to 1 p.m. in conjunction with the Town of Kennebunk's Harvestfest.

The sale will be held in Hank's Room. Come and support the Library and get some great deals on gently-used books and movies. We'll be featuring dozens of coffee table art books, many in brand new



condition as well as several sci fi and fantasy paperbacks.

Be sure to drop by the children's room for a fun craft!

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## Plant Repotting Event - October 18

Our plants are in need of TLC. We are looking for volunteers to help us repot and divide overgrown pots on October 18 at 1:00 p.m. in the Children's Room. Bring in your extra pots if you have some you want to donate and a pot or two you would like to bring home with extra library plants. Please call to tell us you are coming: 207-985-2173 extension 100.



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## New Books, Audio Books, & DVDs

[Click here](#) for a look at our new books.

[Click here](#) for new audio/video.

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## September Calendar of Events

- Oct 1: Peek-a-Book Babies, 10:15 a.m.
- Oct 1: Marine Mammals of Maine, 6:00 p.m.
- Oct 2: Family Storytime, 10:15 a.m.
- Oct 2: In Stitches, 11:00 a.m.
- Oct 2: Let's Talk About It, 6:00 p.m.
- Oct 3: Beadcraft, 1:00 p.m.
- Oct 3: Crafting Friends, 5:30 p.m.
- Oct 5: Parenting Class cancelled - will resume on November 2
- Oct 5: Tech Time, 10:00 a.m. - 12:00 p.m.
- Oct 5: Teen Friday, 3:00 p.m.
- Oct 6: Genealogy Group, 10:00 a.m.
- Oct 6: Tail Waggin' Tutor, 10:00 a.m.
- Oct 8: Library Closed for Holiday
- Oct 9: Family Storytime, 10:15 a.m.
- Oct 9: In Stitches, 11:00 a.m.
- Oct 10: Chickadee Book Club, 3:30 p.m.
- Oct 10: Biology of Addiction, 6:00 p.m.
- Oct 11: I Survived: Earthquake Edition
- Oct 12: Tech Time, 10:00 a.m - 12:00 p.m.
- Oct 12: Teen Friday - 3:00 p.m.
- Oct 13: Harvest Fest Book Sale, 8:30 a.m. - 1:00 p.m.
- Oct 15: Peek-a-Book Babies, 10:15 a.m.
- Oct 15: Nonfiction Book Group, 6:30 p.m.

Oct 16: Family Storytime, 10:15 a.m.  
Oct 16: Let's Talk About It, 6:00 p.m.  
Oct 17: Teen Anime, 3:00 p.m.  
Oct 17: Devilishly Delicious Demos, 6:00 p.m.  
Oct 18: Crafternoon, 4:00 p.m.  
Oct 19: Tech Time, 10:00 a.m.- 12:00 p.m.  
Oct 19: Teen Friday, 3:00 p.m.  
Oct 22: Peek-a-Book Babies, 10:15 a.m.  
Oct 22: Junior Science, 4:00 p.m.  
Oct 22: Getting Into Goodreads, 6:00 p.m.  
Oct 23: Family Storytime, 10:15 a.m.  
Oct 23: In Stitches, 11:00 a.m.  
Oct 23: Adult Book Discussion, 1:00 p.m.  
Oct 23: Plant-Based Eating, 6:30 p.m.  
Oct 24: Lego Club, 4:00 p.m.  
Oct 24: Ukulele Group, 5:30  
Oct 25: Homeschooling Group, 3:00 p.m.  
Oct 26: Tech Time, 10:00 - 12:00  
Oct 26: Teen Friday, 3:00 p.m.  
Oct 29: Peek-a-Book Babies, 10:15 a.m.  
Oct 29: A KenneBOOnk Halloween, 6:00 p.m.  
Oct 30: Family Storytime, 10:15 a.m.  
Oct 30: In Stitches, 11:00 a.m.  
Oct 30: Let's Talk About It, 6:00 p.m.  
Oct 30: Trustees Meeting, 7:00 p.m.  
Oct 31: Trick-or-Treating, 4:00 - 6:00 p.m.  
Oct 31: Trivia Night, 6:30 p.m.

