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January 2021 | Volume 28, Issue 1

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## Adult Programs



### Heart & Home Book Club - January 4

The Heart & Home Book Club is a pick-your-own book discussion group. Participants choose their own fiction or nonfiction book based on a monthly theme. Our virtual discussions take place through an audio-only (video-free) Zoom meeting.

If you've been thinking about trying out our book group, we encourage you to do so. It's always fun to hear about what people read and how they link it to the meeting's theme. It's not at all uncommon for one or more of us to read a children's book or young adult novel. Our unofficial motto is "there is no wrong way to do book club", and everyone is welcome!

Upcoming meetings:

On Monday, January 4, at 2:00 p.m., our theme will be *Music*.

On Monday, February 1, at 2:00 p.m., our theme will be *Hygge*.

For the link to join the Zoom meeting, please check the rotating display on our website's homepage or the calendar listing for this program. Please call or email the library if you have any questions.

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### In Stitches - January 5, 12, 19, 26

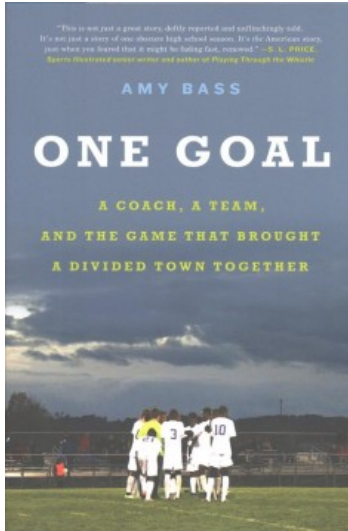
Do you love to knit? Crochet? Sew? Have you always wanted to learn? Do you have an unfinished



project hidden on the closet shelf? Then join us for "In Stitches", our weekly handicrafts group! Grab that half-finished project and enjoy the company of others while you work; all skill levels are welcome. Feel free to stop by for a few minutes or stay the whole hour.

In Stitches meets every Tuesday morning at 11:00 a.m. via Zoom. Visit our website calendar for the link.

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## Nonfiction Book Group - January 11

Join us on Monday, January 11 at 6:30 p.m. to discuss *One Goal* by Amy Bass. Check our website calendar or rotating display for the Zoom link.

"United by a common dream, high school soccer players overcome racism in a town in Maine. Lewiston was once a nearly all-white mill town on the verge of economic collapse. Then hundreds of Somali refugees poured into the city, creating new growth in the community. Despite racial tensions, the Somalis forged ahead, with their youth leading the way on and off the soccer field. With the help of the high school soccer coach and his assistants, the team led the school to its first state championship in 2015. Bass delivers a lively, informative, and entertaining account of the years leading up to the game, and she includes in-depth coverage of the players and their respective refugee stories, the coach and his assistants, and the overall state of racism in Maine and across the U.S. ...The back stories of the Somalian refugees are often heart-rending and brutal, but they also demonstrate an awe-inspiring resilience. The concern of the people of Lewiston who helped integrate the refugees into the community offers hope and guidance to those who also face a steady influx of immigrants. This is a multitiered underdog story that skillfully blends elements of human compassion, passion for a sport, determination, and endurance with overtones of societal pressure and racism." (Kirkus Reviews, December 1, 2017)

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## Community Chat - January 14 & 28

KFL invites you to grab a beverage and snack and join us on Zoom every other Thursday morning at 10:00 a.m. for the chance to socialize with other humans! There will be no set topics or reading requirements, just the opportunity to chat for a while.

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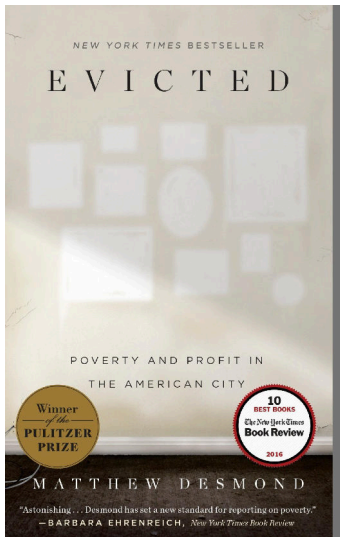


## Poet Helen Rousseau - January 19

On Tuesday, January 19, 2021 at 5:30, the Kennebunk Free Library invites you to join us on Zoom as local poet Helen Rousseau reads from her latest book, *Poems for a World on Fire: Meditations on Hope*. Rousseau says of the book: "It was begun last year and focused on global warming, deforestation, loss of animal habitat and the lack of action on our part. Then the coronavirus came along which brought about so many more issues that we hear discussed in the news every day."

*Poems for a World on fire* is Helen's third book of poetry. Her first two are *Early childhood Education: A Memoir in Verse* about growing up Catholic in the fifties and *Coming to the Edge: Fifty Poems for Writing and Healing*, a resource for writing with prompts. She's been leading writing classes for twelve years. Recently, she has taught at senior colleges, using her book *Coming to the Edge*. It is also used by many therapists with their clients. Helen is also a spiritual guide and interfaith minister.

Please visit the website rotating display or calendar for the Zoom link.



## Housing Book Discussion with Habitat for Humanity and KFL - January 20

With many of us confined to our homes for big swaths of this past year, the pandemic shone a spotlight on housing inequality in this country. Not having access to safe, secure, affordable housing can take a huge toll on physical and mental health, job prospects, children's education, food security, and more. It is a significant driver of generational poverty.

KFL and Habitat for Humanity York County are cosponsoring a quarterly book group to discuss the effect of housing inequality on families and communities, the long-term effects of racial discrimination in housing, and what the solutions might be. Our first meeting will be on Wednesday, January 20, 2021 at 6:00 to discuss *Evicted: Property and Profit in the American City* by Matthew Desmond. The Zoom link will be posted in the rotating display and events calendar at [www.kennebunklibrary.org](http://www.kennebunklibrary.org).

Habitat is excited to be building their first home in Saco in January 2021. Participants of the book group will be invited to complete an optional volunteer day on the Saco build site with other people who have read the book! All volunteers are required to wear masks. If you are interested in volunteering with Habitat, please

## Town Historian Kathy Ostrander-Roberts - January 25 at 6:00



KENNEBUNK TOWN HISTORIAN

*Kathy Ostrander-Roberts*

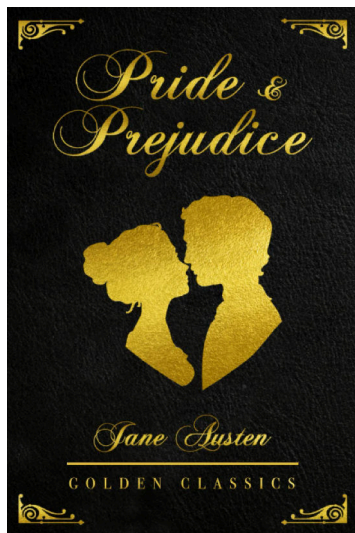
LOCAL HISTORY SERIES

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November 23: Kennebunk Poor Farm  
December 15: Ken Joy Photo Collection  
January 25: Cemetery Iconography  
February 22: House Moving in Kennebunk  
March 22: Women in Industry  
April 26: History of Kennebunk's Churches  
May 24: Statues and Markers for Veterans

Check our website rotating display and calendar for the Zoom link.

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## Adult Book Discussion - January 26

Join us on Tuesday, January 26 at 1:00 p.m. to discuss *Pride and Prejudice* by Jane Austen. Check our website calendar or rotating display for the Zoom link.

"Human foibles and early nineteenth-century manners are satirized in this romantic tale of English country family life as Elizabeth Bennet and her four sisters are encouraged to marry well in order to keep the Bennet estate in their family." - Novelist

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## TV Trivia Night - January 26

How well do you know television? From classics to cartoons; sitcoms to soaps; comedy to drama, come test your television knowledge on Tuesday, January



26 at 6:00 p.m. via Zoom! Visit the rotating display on our website or the library calendar for the Zoom link.



### Ukulele Group - January 27

Join us on Wednesday, January 27 at 5:30 p.m., for virtual ukulele group with group leader Dan Riggall. If you are not already part of the ukulele email list, please [register](#) for this month's music and the Zoom link.

## Teen Programs



### Teen Gaming

If you're looking for something fun to do with friends on Friday afternoons, join us every Friday for Teen Gaming at 3:00 p.m. as we play *Jackbox!* It is a fun multiplayer game that you can play from a distance. All you need is a device with internet access. Before the game begins you will be given a code to log in and play along. We also occasionally dabble in Minecraft: come join us and build. We will meet via Zoom at 3:00 p.m. to chat as we game!

Click the button below to join or check our calendar for the Zoom link! Open to all teens ages 10 and up.

ZOOM LINK

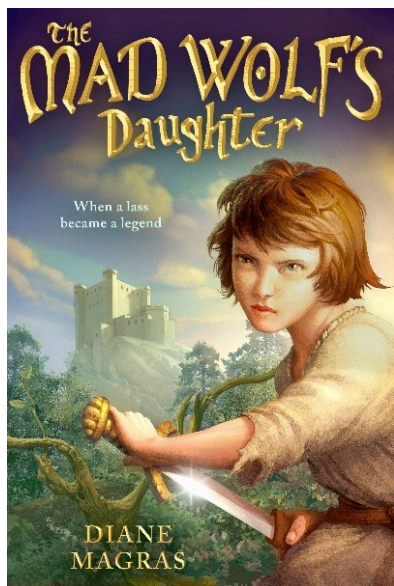


### Teen Take-Home Kits

Every week kits will be available to be picked up along with your curbside order. Each kit will include the supplies and instructions necessary to complete the weekly project, either a craft or a fun science experiment! Every Monday, we will meet via Zoom to chat and complete the previous week's project. Click the button below to join us at 3:00 p.m. or look for the Zoom link in our website calendar. All teens ages 10 and up are welcome!

ZOOM LINK

## Middle School Book Group - January 20



Join us for Middle School Book Group!

On Wednesday, January 20 we will meet via Zoom to chat and discuss a book. Meetings will run from 2:15 until 3:30, open to teens in grades 6 through 8.

The book club is being offered in collaboration with Louis T. Graves Memorial Public Library in Kennebunkport. The hosts will be Terri Bauld from Graves Library and Jon Roy from KFL.

This month we will be reading *The Mad Wolf's Daughter* by Diane Magras. Copies of the book are available at both libraries.

Please sign up in advance by calling either the Graves Library (967-2778) or KFL (985-2173). Please read book in advance of the meeting. If you have any questions, please call either library for more

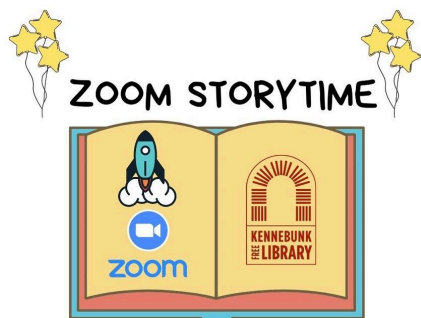
information.

## Children's Programs



### Facebook Live Storytimes

A new year means a new time for stories! Join us on Facebook Live every Thursday at 10:00 a.m. from January 7 through February 25. Miss Maria will share stories and songs with you! Storytime is designed for ages 2-5, but everyone is invited to watch and participate! We'll have a great time! Visit our [Facebook page](#) for storytime fun!



### Zoom Into Storytime

Ready to zoom, zoom, zoom into storytime? Get your zoomy hands ready and let's go! Starting January 4, join us on Zoom for storytime! Storytime for ages 2-5 will be every Monday at 10:00 a.m. To receive the Zoom link and password for storytime, please [register by email](#) or by phone at 985-2173. Please plan on attending as many storytimes as possible! Upcoming storytime dates are:

- January 4
- January 11
- January 25

- February 1
- February 8
- February 22
- March 1

All storytimes will begin at 10 a.m. Zoom Storytime Kits including crafts, shaker egg, scarf, and song sheet are available while supplies last! Join Miss Maria for some stories, songs, and fun!

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### Take and Make Kits

Looking to get crafty? Kennebunk Free Library will be offering take and make craft kits with all the materials to make a craft or two. No registration required, available while supplies last! Kits will be available curbside. This month, we will be offering winter crafts! Kits will be available starting Monday, January 4. Visit us curbside to grab some supplies that will help you get creative!

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### MSBA Virtual Challenge

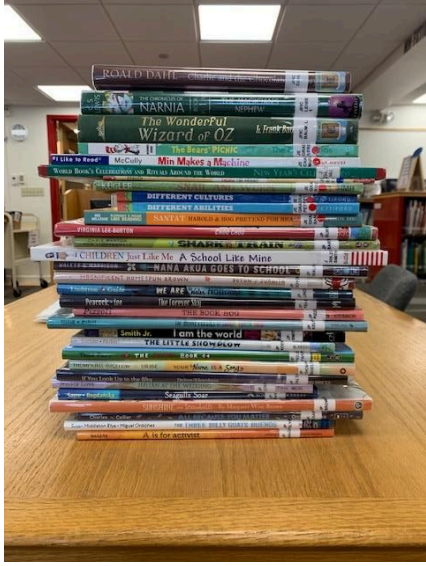
Have you signed up for the MSBA Challenge on Beanstack yet? Through 6/30/21, students in grades 4-8 can earn a virtual badge for every Maine Student Book Award title read and reviewed. Readers will also earn a raffle ticket for a \$25 gift card to Amazon! We will be selecting 2 winners on 7/1/21. The raffle is open only to KFL patrons. To register for this challenge, visit [kennebunklibrary.beanstack.org](http://kennebunklibrary.beanstack.org). If you have previously registered on Beanstack, you may use your existing login information. Each student participating will need to make their own profile. For any help or questions setting up your account, please contact Kennebunk Free Library at 985-2173 or via email at [ys@kennebunk.lib.me.us](mailto:ys@kennebunk.lib.me.us). MSBA titles are available at KFL, via the MINERVA system, and digitally on Cloud Library. Enjoy this year's MSBA titles and have fun!

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### Request a Book Stack

Would you like to start the new year by borrowing a stack of books handpicked by a librarian? We'd love to choose some books for you! A KFL library card is required. If you're interested, send us an email at [ys@kennebunk.lib.me.us](mailto:ys@kennebunk.lib.me.us) with the following information:

- Your name
- Library card number
- Child's name



- Child's age
- Child's interests
- Level of book desired (picture book, easy reader, first chapter, JFIC)
- Other materials desired (audiobooks, DVD)
- Number of items desired

A Google Form for requesting a book stack is coming soon! In the meantime, you can reach us via email at the address listed above, or by phone at 985-2173. We're excited to choose library items for you!

## The KFL Carpeting Project

The top two photos show the work in progress - the left is in the Walker Room, the right is the adult fiction stacks. The bottom two are the finished product!



## Library News and Events



## Friends of the Kennebunk Free Library Meeting - January 11

All are invited to join the Friends of the Kennebunk Free Library on Zoom for the first meeting of 2021 on Monday, January 11 at 5:30. Whether you are a long-time member or interested in learning about what the Friends do, we hope to see you there! Please [visit the Friends page](#) on our website for the Zoom link.

### Who Are the Friends?

Friends are people who care about libraries and who believe in what libraries represent. Friends provide support in many ways and are recognized by the Library and the community for their sustaining influence. Friends support the library by raising funds that help sponsor new opportunities and grant gifts to the library. Friends are individuals who are interested in promoting the Kennebunk Free Library by improving library services, resources, and the library's role in the community.

### What Do Friends Do?

Friends of the KFL:

- stimulate public support for the use of the Library;
- underwrite special library programs for children and adults;
- assist in maintaining, improving, and enlarging Library resources and services;
- raise funds to support programs and grant gifts to the Library; and
- conduct quarterly annual book/bake sales and promote the ongoing book sale as fund raisers for KFL.

### Membership:

The Friends of the Kennebunk Free Library welcomes new members. Membership dues go toward a variety of projects that promote and support the library and its services. We encourage members to actively participate in all our activities.

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## New Books, Audio Books, and DVDs

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*Please note that the new items lists below are updated regularly, but through a quirk of the system, the newest items go to the end of the list. If you want to see the newest arrivals, start on the last page and work your way backward.*

[Click here](#) for a look at books that arrived in the last month.

[Click here](#) for audio/video that arrived in the last month.

[Click here](#) for new children's items that arrived in the last month

[Click here](#) for new teen items that arrived in the last month

**Want to know if we have this week's New York Times bestsellers available in our various collections (print, large print, audio, ebook, eaudio)?**

[Click here](#) to see the fiction and nonfiction best seller list.

### Hot New Releases on Order for January

#### January 5

[Twenty – James Grippando](#)

[All the Colors of Night – Jayne Ann Krentz](#)

[Neighbors – Danielle Steel](#)

#### January 12

[Robert B. Parker's Someone to Watch Over Me – Ace Atkins](#)  
[Spin – Patricia Cornwell](#)  
[The Lost Boys – Faye Kellerman](#)

### January 19

[Out of Hounds – Rita Mae Brown](#)  
[Before She Disappeared – Lisa Gardner](#)  
[Pianos and Flowers – Alexander McCall Smith](#)  
[Land – Simon Winchester](#)

### January 26

[Let Me Tell You What I Mean – Joan Didion](#)  
[Tropic of Stupid – Tim Dorsey](#)  
[The Russian – James Patterson](#)

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## New Search Tutorials

We know browsing the catalog can be a little intimidating, so we have created tutorials showing you how you can create searches to browse smaller parts of our collection. These videos will show you how you can find collections like graphic novels, tv shows, and audiobooks using the catalog. For children's items, they show you how you can find collections based on reading level such as easy readers and first chapter books. We hope these help make your searches easier and more efficient.

Adult/YA  
Tutorial

Kids  
Tutorial

## A Message from the Library Director



Every year we hold a wonderful holiday party for staff in the reading room with the fire roaring, gift exchanges, pot-luck lunch, and good times. While we couldn't do that this time around, the group pulled together to come up with some of the best Zoom party ideas I've seen including holiday movie BINGO, guest appearances, a craft, a note from our Board President, a Yankee swap board that showed the gifts wrapped and unwrapped, and a lot of cats...cat sweaters, pet cats, cat gifts, you name it. We are starting a new year with new hope and I want to thank everyone who has been along for the ride. I want to especially thank my great staff who have been unendingly flexible, delightfully humorous, and fiercely supportive. Let's see where 2021 takes us.



## Staff Picks & Messages

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### **Kat, Administrative Assistant**

*Think Like a Monk* by Jay Shetty: Are you thinking about ways you could improve your quality of life in 2021? If so, this might be a good starting point to get a new perspective on how you do you. The author spent 3 years as a monk and uses the wisdom of many religions to explain how to live with intention, courage, compassion and determination. Jay focuses in on what he believes are the roadblocks to our potential and power, helping you develop the skills and tools to breakthrough negativity, anxiety, overthinking and people's expectations in a practical way. This is an enjoyable journey into possibility.

*See You at the Campground, A Guide to Discovering Community, Connection, and a Happier Family in the Great Outdoors* by Stephanie and Jeremy Puglisi: Never been camping but feeling the pull to give it a try? Or maybe you have some experience but are considering an upgrade or going into the wild, whatever your experience level this book provides valuable information, useful tips and light-hearted stories about how this family with children has figured it out. What to expect while tenting, what you need to do about food/cooking and some really good pro and con information about equipment, all presented in a friendly format. As a person with decades of all kinds of camping from wilderness trips to luxury fifth wheeling, I recommend this book. January is a perfect time to indulge in it.

*In Pieces* by Sally Field: This not an easy read, though valuable for the honest memoir of childhood abuse, confusing adolescence and a very young adult catapulted into the public eye as "Gidget" and "The Flying Nun". How the heck did she manage to become the award-winning actress that awed us in "Norma Rae"? Her messy story that comes together with grace and dignity explains her response as she recieved the Oscar for best actress for "Places in the Heart: "You like me, right now you like me".

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## **Jenny, Library Assistant**

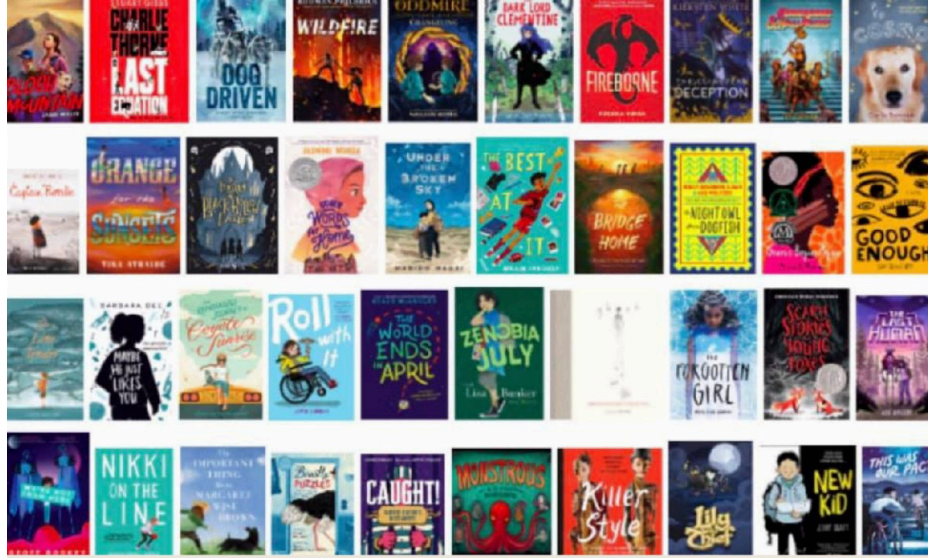
If you're looking for a new way to stay active indoors this winter, you might enjoy the YouTube fitness channel [Walk at Home by Leslie Sansone](#). Leslie has been teaching walking fitness classes since the 80s with the idea that aerobic exercise doesn't have to involve dancing or fancy footwork. Pretty much all of the videos are built upon the four basic steps (walking; side steps; knee lifts; and kicks) and then add challenges to further engage your mind and muscles. If you find yourself overly challenged by an exercise, you can always go back to one of the basic steps until you're ready to join back in. Anything goes as long as you're moving to the music and having fun.

The channel contains a wide selection of Leslie's video workouts from across the years, but it also features several new instructors who add their own spin to the original exercises. I like how the instructors are all very encouraging, and I find Rocky to be a particularly uplifting leader. There are also videos that focus on strength training. A recent series called "Steel City Workouts" has some fun new music, and another new series "A Walk and a Talk" features a "walk box" in the corner of the screen so that you can walk while the health and fitness experts talk.

The videos range from about 5 to 50 minutes long with most in the 10 to 30 minute range, and I find that there's enough variety on the channel that it usually doesn't take long before I find a video that I like. If online workouts aren't your thing, you can also borrow Leslie's books and DVDs from the library. I started with her DVDs back in the 2000s as a great way to stay moving when it wasn't safe or practical to walk outdoors, and I'm now really enjoying having all of these videos to choose from online. However you choose to get moving in 2021, I wish you all a healthy new year!

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## **Denise, Library Assistant**



## MSBA Virtual Challenge

Have you signed up for the MSBA Challenge on Beanstack yet? Through 6/30/21, students in grades 4-8 can earn a virtual badge for every Maine Student Book Award title read and reviewed. Readers will also earn a raffle ticket for a \$25 gift card to Amazon! We will be selecting 2 winners on 7/1/21. The raffle is open only to KFL patrons. To register for this challenge, visit [kennebunklibrary.beanstack.org](http://kennebunklibrary.beanstack.org). If you have previously registered on Beanstack, you may use your existing login information. Each student participating will need to make their own profile. For any help or questions setting up your account, please contact Kennebunk Free Library at 985-2173 or via email at [ys@kennebunk.lib.me.us](mailto:ys@kennebunk.lib.me.us). MSBA titles are available at KFL, via the MINERVA system, and digitally on Cloud Library.

**Enjoy this year's MSBA titles and have fun!**

