

# Kennebunk Free Library

Monthly E-Newsletter

February 2016

Volume 22 Issue 2



## Holiday Hours

The Library will be  
CLOSED Monday,  
February 15 to observe  
President's Day.

We will be closing early  
on Saturday, February 27  
at 3:00 for our  
Cabin Fever Reliever!

## Worthy Wednesdays



David's KPT in  
Kennebunkport will  
donate 10% of proceeds  
(starting at 4:00) on

## **Cabin Fever Reliever**

Winter got you down? Counting the days until you see a crocus pop up in your yard? Beat those cold weather blues at the Kennebunk Free Library's Cabin Fever Reliever on Saturday, February 27, 2016 from 6 - 9 PM.

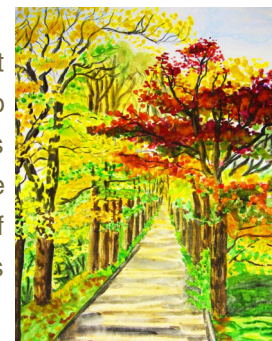


The Cabin Fever Reliever is a new fundraiser for KFL and will include a chili bar with traditional, turkey, and vegetarian chili plus sides, pulled pork sliders, guacamole, chips and other appetizers as well as an assortment of desserts. The supper and cash bar will be catered by Kennebunk's own Kitchen Chicks Catering and live music will be provided by local favorite Kennebunk River Trio. Rounding out the evening will be a silent auction offering a variety of items including the KFL vintage card catalog and a three-night stay at a Capital Resorts property. Attendees will also be treated to four pop-up relievers that will entertain and educate.

Join us for an evening of great food, lively tunes, fun activities, and stimulating conversation by the fire in the Parsons Reading Room. Tickets for the Cabin Fever Reliever are on sale for \$40 at Kennebunk Free Library. Advance purchase is recommended as a limited number of tickets will be available at the door. The event is adults only and casual attire is suggested.

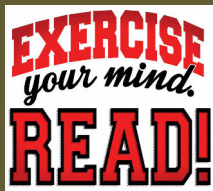
## **Second Annual Silent Art Auction**

A recent plea for artwork, as a way to turn art that no longer appeals or matches décor into funds for the Kennebunk Free Library, has resulted in an overwhelming response from the community. KFL has received over 50 pieces of art which will be on display in KFL's Speers Gallery starting Friday, February 5, 2016.



A bid book with additional information about each item will be available for viewing in Speers Gallery. People who wish to place a bid on any of the items will first need to sign up for a free bid number at the adult desk. Limited items will be available to "buy it now" so your new art can

March 16 to KFL.



This summer's reading program is based on exercising your mind and body. What better way to join in the fun than to start training for this year's **19th Edition Road Race!** Friday, July 8



### Adult Reading Groups

Non-fiction Book Group  
Mon., Feb. 8  
6:30 PM  
*\$2.00 a Day*  
by Edin & Shaefer



Camden Conference  
Book Discussion  
Thurs., Feb. 18  
2:00 PM  
*Cutting for Stone*  
by Abraham Verghese

go straight home with you!

Bidding will end at 5 PM on Saturday, February 20th at the close of business and winners will be notified on Monday, February 22nd.

Photos of the items will soon be available to view on the Library's website: [www.kennebunklibrary.org](http://www.kennebunklibrary.org).

### Tail Waggin' Tutor

Jack, a five-year-old black Labrador Retriever, will be visiting KFL once a month as a patient, furry listener encouraging children to read. His first visit will be **Saturday, February**



**20** from 10:00 to 11:00 am. Students of all ages are invited to drop in to read to Jack.

Library Reading Dogs can help children increase their reading skills and become more confident readers. The dog provides a non-judgmental listener and children often relax in a manner they might not when reading to an adult or sibling. Practice gained by reading to a dog has been shown to help students increase reading fluency. Of course, associating reading with something fun like patting a dog helps too!

Jack is a certified therapy dog who also volunteers at the Kennebunk Nursing and Rehabilitation Center. He will be accompanied by his favorite people, Ursula and Katie Roesse.

No pre-registration is needed to participate. The program is free and wheelchair accessible.

### Cabin Fever Book Sale

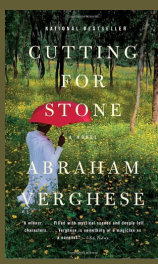
The Friends of Kennebunk Free Library will hold a Cabin Fever Book Sale on Saturday, February 6, 2016 from 8:30 AM to 1 PM! Our community has generously donated a large number of books



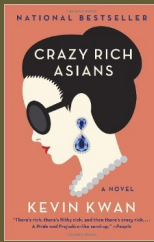
and the selection is top notch. Whether you are looking for chick-lit, romance, thrillers, biographies, cookbooks, crafts, finance or history. We have it all!

This sale will offer 'Buy One - Get One Free' as well as 'fill a new, re-useable KFL bag for only \$10.00' for those with a larger literary appetite!

### New Tax Help Procedures at KFL



Adult Book Group  
 Tues., Feb. 23  
 1:00 PM  
*Crazy Rich Asians*  
 by Kevin Kwan



'Tis the Season  
 to enjoy a fire in our  
 fireplace!  
 Join us in the  
 Parsons Reading Room  
 on  
 Wednesdays and  
 Thursdays now through  
 March.



Parenting Class  
 Friday, Feb. 5  
 10:00 AM

This ongoing, drop-in  
 class is led by Stevie  
 Westmoreland, LCPC,



The *bad* news is that we've transitioned from the "most wonderful time of the year" to the least wonderful - income tax season. The *good* news is that AARP is sending some of their amazing volunteers to help you prepare your taxes. Most of us don't even like doing our own taxes - the AARP accountants volunteer their own time to do hundreds of tax returns for strangers. Please treat them like the heroes that they are!

This year, tax help will be offered every Thursday from 9:30-12:00, **beginning on February 4** and ending on April 14. Because this is a popular service, we want to make things as hassle-free as possible. To that end, we are implementing a new sign-up procedure this year. We will not be putting a sign-up sheet outside the door as we have done in previous years. Instead, library doors will be open at 9:30 sharp, with a sign-up sheet inside the library. We're hoping that being here at 9:30, rather than at 9:00, will minimize the overall time that you spend waiting.

The accountants are wonderful about staying until everybody has been seen, so don't feel that you have to camp out for an appointment. Everybody will have a turn. We know tax season is stressful for everybody so we appreciate your patience and your kindness to each other.

### The New Africa Comes to Kennebunk



On **Wednesday, February 10** at 6:00, **Kate Olise**, Kennebunk Free Library patron and Nigerian native will discuss various topics on the rich culture of her home country including some of her own collection of clothing and photographs. Kate moved to Maine from Nigeria six years ago when her husband relocated for work. This presentation is sponsored by the Camden Conference, in partnership with the World Affairs Council. The KFL is a participating library bringing an extension of this conference to our community. A snow date for 2/17 at 6:00 has been scheduled.



The Camden Conference is a non-profit, non-partisan organization whose mission is to foster informed discourse on world issues. This year's conference will be held February 19-21, 2016.

### Be an Architect for the Day

Calling All Builders! Join us for an opportunity to design and build your

LMFT. No pre-registration required and you do not need to attend all of the classes.



### Teen Advisory Board

**Tues., Feb. 9,  
3:30-4:30 PM.**

We will discuss potential teen programs and activities for January and February, so bring your ideas and your friends. Snacks will be provided.

Join us in Hank's Room.  
Open to anyone in Grades 6-12.



**Nifty Knitters**  
**Every Tuesday at 11  
AM**

Bring a needlework project to work while chatting with other crafters, or bring in your project for others to help you.

Beginners Welcome!

own structure. We'll get ideas from *Dreaming Up: a Celebration of Building* by Christy Hale and other titles. We will have cardboard boxes and tubes, toothpicks and gumdrops, wooden sticks, playing cards and a Legos table. If you prefer to draw or paint your design, there will also be poster board and a variety of mediums available. Most creations can go home with you, but the Legos must stay here! No pre-registration needed.

### **KFL's Genealogy Group**



The next meeting of KFL's Genealogy Group, *Eastern*

*European Immigrant Genealogy from the 21st Century to the Village* will be held on **Sat., Feb. 13**, from 10:00 AM - 12:00 PM.

At Jennifer Shoer's (Managing Genealogist of Reconnecting Relatives LLC) presentation, attendees will learn how to trace their family back in time from the 21st century to their time of entry into the United States and their departure from the old country. We will explore strategies for identifying our ancestors' places of origin, their original surnames and their elusive villages. We will discuss the importance of talking with living relatives and exploring neighbors and friends in records. We will touch on how genetic genealogy can help us connect with previously unknown family members.

Jennifer's passion is helping people reconnect with their immigrant roots and find living family members. She specializes in assisting Jewish individuals find family with whom they have lost contact due to time, memory loss, family conflict and the devastation of the Holocaust. Her website is [www.reconnectingrelatives.com](http://www.reconnectingrelatives.com).

Jennifer would like to get to know the attendees before the presentation. Please help by filling out this anonymous survey at <https://www.surveymonkey.com/r/CSPFRL6>. At the end of the survey, you will have the opportunity to submit questions in advance.

This free program requires no registration; just come, share and learn! Drop-in's are always welcome!

### **Brown Bag Lunch Series**

The "Brown Bag Lunch Series" is an opportunity for the community to connect with local authors in an intimate, casual setting. Authors will discuss their work every other Thursday through the winter.

**Elizabeth Hamilton-Guarino** will discuss her novel *Percolate: Let Your Best Self Filter Through* at Kennebunk Free Library on **Thursday**,

Don't forget, KFL lends knitting needles & has wool available for the asking.

"I met with a couple that began talking about what an amazing, beautiful job the Town of Kennebunk has done renovating the downtown area. Then they praised the library; they brought their grandchildren in to sign up for library cards stating the staff was wonderful, professional and accommodating.

Something we all know but always a pleasure to hear."

Lise Dewar ,  
KFL Board Member



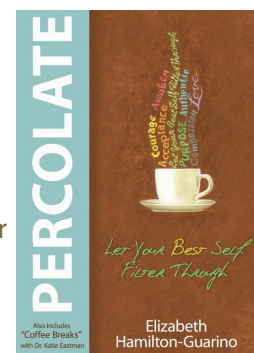
Homeschooling Group  
**Mon., Feb. 1 at 2 PM.**

Our drop-in group provides an opportunity for homeschooling families to get together with others and exchange ideas or ask

**February 4**, from 12-1 in Hank's Room.

Is there a voice inside of you that's urging you to make changes and seek a richer, more fulfilling life? Do you feel like you've been searching for something more meaningful, even if you don't know exactly what it is? Have no fear-Percolate will show you how to let your best self filter through and thrive! In this empowering, heartwarming-and often humorous-book, Elizabeth Hamilton-Guarino will help you wake up to what's possible, allow your heart and mind to simmer with fresh ideas to achieve your goals and enhance your wellbeing, and enable your spirit and passion to rise to the top like the foam on your latte. Elizabeth will guide you through the Percolate Process™, a nine-point plan that teaches you how to implement positive changes to excel in every aspect of your life. It's simple, practical, and fun! Go ahead . . . grab a cup of your favorite joe, put your feet up, and start percolating. Ah, can't you just taste the inspiring brew as your most powerful thoughts blend together to bring the authentic, best you to the world?

Elizabeth Hamilton-Guarino, founder and CEO of the Best Ever You Network, understands firsthand the challenges life can bring and has worked with thousands across the globe to illuminate their light within and help them live their best life. She has a degree in communications and broadcasting; is a life coach, food-allergy expert, and anaphylaxis survivor; and is the host of The Best Ever You Show. Elizabeth lives with her husband and four sons in Maine. Visit her websites: [ElizabethGuarino.com](http://ElizabethGuarino.com) & [BestEverYou.com](http://BestEverYou.com)



**Charlotte Ann** will discuss her novel Shattered to the Core: Multiple Family of 57 Alters at Kennebunk Free Library on **Thursday, February 18**, from 12-1 in Hank's Room.

This Memoir is about a woman who after 49 years of life came to the realization that she had created 57 alters to deal with severe and prolonged abuse and trauma that started as a baby and carried on into her adulthood. The chapters speak about the different alters and why each was created.

Charlotte Ann moved from the west coast to Maine when she was 49 years old and spent three years on Mount Desert Island composing her memoir. She would like to share her story with others who would appreciate this type of memoir and those who might suffer from the same diagnosis.

**KFL Joins the Coloring Craze**

Visit us on **Monday, February 22** anytime between 5:30 and 7:30 to participate in the latest relaxation trend, coloring! This program is

questions. Join us!



### Classic Comedy

#### Film

**Mon., Feb. 1 at 5:30  
PM.**

Featuring Buster Keaton



### Legos Club

Children in kindergarten and older are invited to join KFL's Legos Club on

**Tues., Feb. 23 at 4 PM.**

Preregistration is required for this popular event or call 985-2173 x5.



### Storytimes

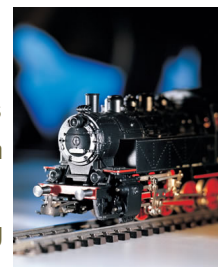
Mondays 10:15 AM  
Peek-a-Book Babies  
Ages: 0 to 2

Tuesdays  
10:15 AM Family  
Storytime  
Ages: All

geared toward adults but all ages are welcome.

All coloring sheets and utensils will be provided. If you're too shy to stick around, grab a sheet to take home with you. Being the informative institution we are we'll also show you sites where you can download coloring pages for free and even introduce you some coloring apps!

### **Brio Train Table**



Thanks to the generous donation of an anonymous community member, we now have a new Brio train table in the Children's Room. Along with the table, we've got wooden track and trains! Besides being just plain fun to play with, the train table invites children to tell their own tales as they build their track design and drive the trains. And guess what? All this childhood storytelling helps prepare children for school and future reading.

If anyone is clearing out old toyboxes and comes across any wooden track or train that you no longer use, we'd love to add to our collection. From what the toy store tells me, wooden Brio, Melissa & Doug, and Thomas the Train tracks are interchangeable. The children of the Kennebunk area thank you! All Aboard!!

Let's Talk About It is a facilitated book discussion series offered by the Maine Humanities Council. We recently finished our last session in the series, *Making Sense of the Civil War*, and are already looking forward to applying again. We're looking for your input! Please visit the [Maine Humanities Council website](http://Maine Humanities Council website) and let us know what series you'd like to read. [kfl@kennebunk.lib.me.us](mailto:kfl@kennebunk.lib.me.us)



### **February Calendar of Events**

- Feb. 1: Peek-a-Book Babies, 10:15 AM
- Feb. 1: Homeschool Group, 2:00 PM
- Feb. 1: Classic Comedy Film Series, 5:30 PM
- Feb. 2: Family Storytime, 10:15 AM
- Feb. 2: Nifty Knitters, 11:00 AM
- Feb. 2: Angus King Constituent Hours, 11:00 AM-1:00 PM
- Feb. 2: Yoga Series, 4:00 PM
- Feb. 3: Crafting Friends, 5:30 PM
- Feb. 4: Tax Help, Beginning 9:30 AM-12:30 PM
- Feb. 4: Time for 2s & 3s, 10:15 AM
- Feb. 4: Author Talk - Elizabeth Hamilton-Guarino, 12:00 PM
- Feb. 4: Knittin' Mittens, 4:00 PM

Thursdays 10:15  
AM Time for 2s & 3s  
Ages: Toddlers



Wed., Feb. 24  
@ 6:30 PM

- Feb. 5: Parenting Class, 10:00 AM
- Feb. 6: Cabin Fever Book Sale, 8:30 AM-1:00 PM
- Feb. 6: Bird Feeder Craft, 10:00 AM
- Feb. 8: Peek-a-Book Babies, 10:15 AM
- Feb. 8: Crazy 8's, 4:00 PM
- Feb. 8: Nonfiction Book Group - *\$2.00 a Day*, 6:30 PM
- Feb. 9: Family Storytime, 10:15 AM
- Feb. 9: Nifty Knitters, 11:00 AM
- Feb. 9: Teen Advisory Board 3:30 PM
- Feb. 10: New Africa Discussion - Nigerian Culture, 6:00 PM
- Feb. 11: Tax Help, 9:30 AM-12:30 PM
- Feb. 11: Time for 2s & 3s, 10:15 AM
- Feb. 11: Knittin' Mittens, 4:00 PM
- Feb. 12: Teen Gaming, 2:30 PM
- Feb. 13: Genealogy Group Discussion - Jennifer Shoer 10 AM
- Feb. 15: Library CLOSED for President's Day
- Feb. 16: Family Storytime, 10:15 AM
- Feb. 16: Nifty Knitters, 11:00 AM
- Feb. 16: Yoga Series, 4:00 PM
- Feb. 16: Teen Movie Night, 5:30 PM
- Feb. 17: Be an Architect for the Day, 1:00-3:00 PM
- Feb. 18: Tax Help, 9:30 AM-12:30 PM
- Feb. 18: Time for 2s & 3s, 10:15 AM
- Feb. 18: Author Talk - Charlotte ANN, 12:00 PM
- Feb. 18: New Africa Book Discussion, *Cutting for Stone*, 2 PM
- Feb. 18: Knittin' Mittens, 4:00 PM
- Feb. 19: Teen Gaming, 2:30 PM
- Feb. 20: Tail Waggin' Tutor, 10:00 AM
- Feb. 22: Peek-a-Book Babies, 10:15 AM
- Feb. 22: Crazy 8's, 4:00 PM
- Feb. 22: Drop-In Coloring, 5:30 PM
- Feb. 23: Family Storytime, 10:15 AM
- Feb. 23: Nifty Knitters, 11:00 AM
- Feb. 23: Legos Club, 4:00 PM
- Feb. 23: Adult Book Discussion - *Crazy Rich Asians*, 1 PM
- Feb. 24: Chair Tai Chi, 2:30
- Feb. 24: Studying & Stress Busting, 3:00-5:00 PM
- Feb. 24: Trivia Night, 6:30 PM
- Feb. 25: Tax Help, 9:30 AM-12:30 PM
- Feb. 25: Time for 2s & 3s, 10:15 AM
- Feb. 25: Anime Club, 3:30 PM
- Feb. 26: Teen Gaming, 3:30 PM
- Feb. 27: Cabin Fever Reliever, 6:00-9:00 PM
- Feb. 27: Library Closes at 3:00 PM
- Feb. 29: Peek-a-Book Babies, 10:15 AM

We welcome your feedback about our services and programs! Feel free to contact us via [email](#), phone (207/985-2173) [Facebook](#) or in person.

