



August 2023 | Volume 30, Issue 8

Library News and Events

Meet Sophie and Ava, our newest foster cats!



We are so excited to be partnering with Animal Welfare Society to help find forever homes for some adorable kitties. This week, we are host to not one, but two sweet girls! Ava and Sophie are bonded sisters looking for a home where they can stay together. Both of these two are *cuddlers*! When we open the cage in the morning, we are hit with furry projectiles eager for headbutts and scritches. The purring in stereo is loud enough to shake the library! If we sit on the floor, one cat will recline against one leg; one cat against the other. Sophie and Ava clearly understand the importance of hygge and would be the perfect companions for curling up to read on a cold winter night!

Community Yard Sale - August 5

Stop by KFL on Saturday, August 5 from 8:30 - 12:30 for our annual Community Yard Sale! We will have a variety of vendors, from traditional yard sale fare to local artists and crafters.

If you are interested in being a vendor, we still have a couple of spaces available. Applications can be downloaded from the Fundraisers page on our website.





A message from the Friends of KFL

Summer is in full swing at KFL and the Friends thank all who participated in the annual 5K event as well as our very recent Blueberry Fair book sale.

We had a great turnout for the sale, saw lots of books, puzzles, and media go into your bags, and enjoyed (finally) some great summer weather.

Next up, Friends will be assisting at the upcoming Ice Cream Social at the Seashore Trolley Museum on August 9, a family favorite. We hope to see you there.

Calendar alert: Our next Friends meeting is Monday, September 11 at 5:30 pm (location TBD).

Thank you and Happy summer!

Adult Programs

In Stitches - August 1, 8, 15, 22, 29

Do you love to knit? Crochet? Sew? Have you always wanted to learn? Do you have an unfinished project



hidden on the closet shelf? Then join us every Tuesday at 11:00 for "In Stitches", our weekly handicrafts group! Grab that half-finished project and enjoy the company of others while you work; all skill levels are welcome. Feel free to stop by for a few minutes or stay the whole hour.

On the first Tuesday of the month, In Stitches will take place on Zoom; see our events calendar for the link to

the meeting. The rest of the month, the group will meet in-person inside the library. See our events calendar for more information.

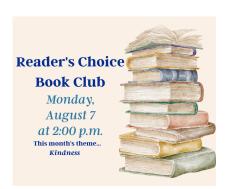
Fix-A-Bike - August 2



KFL is pleased to welcome the Bicycle Coalition of Maine who will be presenting their Fix-A-Bike program on Wednesday, August 2 at 5:30 p.m. From the Coalition: "Be your own mechanic! Learn how to maintain your bike, fix a flat, pump up a tire, change a chain or cable, make shifting adjustments, and more in a hands-on learning experience." Participants should bring their

bicycles and be prepared to get dirty. We will be holding this event outdoors but may move inside in case of inclement weather. This program is offered for youth aged 13+ and adults. The program is currently full, but you can <u>register through our calendar</u> to be on the wait list and we will notify you if a spot opens up.

Reader's Choice Book Club - August 7



Reader's Choice Book Club will meet on Monday, August 7 at 2:00 p.m. in the Walker Room at the library, and our theme will be: Kindness. How does this book club work? You choose your own book to read, based on the monthly theme, and then join us for a casual and fun conversation. Everyone is welcome!

Beer Hiking with Carey Kish - August 8



On Tuesday, August 8, 2023 at 6:00 p.m. Carey Kish, author of *Beer Hiking New England* will be at the Kennebunk Free Library to introduce us all to the perfect end to a beautiful hike.

Beer Hiking New England by Carey Kish is the tastiest way to discover Maine, New Hampshire, Vermont, Massachusetts, Connecticut and Rhode Island. This new full-color guide features 50 terrific hikes that lead through six states of stunning natural scenery. Carey will take us on a journey far and wide across the beautiful New England landscape on easy pondside

strolls, moderate hill walks and forest forays, and strenuous mountain climbs. Happy and thirsty, our knowledgeable trail guide will also lead us to some of the many outstanding breweries for a pint of really good craft brew. *Beer Hiking New England* will be available for sale and signing.

Carey Kish is a seasoned hiker, outdoors and travel writer, and dedicated beer enthusiast. He has some 20,000 miles of long-distance hiking under his belt, in the U.S., Canada and Europe, including the 2,189-mile Appalachian Trail from Georgia to Maine (twice) and the 2,654-mile Pacific Crest Trail from Mexico to Canada, and perhaps a few beers along the way, to boot. Carey is also the author of *AMC's Best Day Hikes Along the Maine Coast* and the AMC *Maine Mountain Guide*. His hiking and camping column has been a regular in the *Portland Press Herald/Maine Sunday Telegram* Outdoors section for more than two decades.

Reader's Choice Evening Book Group - August 9



Our Evening Reader's Choice Book Group meets again this month to discuss that book that we've been meaning to read but have never gotten around to! Read the "classic" book you have always wanted to read and come share it at our book group. The "classic" need not be one you should have read in school: Any book that you have always wanted to read and have never gotten around to counts! We look forward to sharing our book picks on Wednesday, August 9 at 6:00 p.m.!

KFL Writers' Group - August 15



Join us on Tuesday, August 15 at 2:00 p.m. for the inaugural meeting of the KFL Writers' Group! Bring a piece of work to share and your thoughts about what you would like to see from the group moving forward. We hope to see you there!

Summer Reading Finale Ice Cream Social - August 16



We are celebrating the end of our Summer Reading program in style - with an ice cream social! All are invited to stop by the library from 4:00 - 6:00 p.m. on August 16 to enjoy an ice cream sundae or a sno-cone.

Trivia Night - August 16

The third Wednesday of every month at 6:30 is trivia night at KFL! Bring a team, join one of our friendly teams of regulars, or take on the challenge solo. Light refreshments will be served.



Understanding Gender and Sexuality - August 21



In August and September, the Kennebunk Free Library will host "Understanding Gender and Sexuality," a workshop series with Christine Caulfield of Mainetransnet.

In a time of rapid change and controversy concerning gender and sexuality, this workshop's aims are to present basic terminology that will help clarify participants' understanding of gender and sexual identities, the different perceptions and origins of these identities, to explore and discuss sources and impacts of discrimination against gender non-conforming people, especially within the younger population, and lastly, how to understand and improve one's role as an ally/supporter of those within the LGBTQ community. It will include presentations and

discussion of the content, some exercises, and no quizzes or homework. It will also provide some print, online, and other sources for those who wish to develop a broader understanding of what is covered.

Session 1 on Monday, August 21 at 6:00 will cover: An Introduction to Concepts, which is a fairly detailed look at the underlying social theories of gender, sex, and sexuality, and how these manifest themselves in US society.

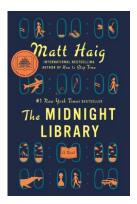
Session 2 on Monday, September 11 at 6:00 will cover: An Inquiry into the LGBTQ+ Community/Experience within US society, foundational terms and definitions/descriptions, identities, impacts of discrimination, current issues

Session 3 on Monday, September 25 at 6:00 will cover: How to Be an Effective Ally, allyship approaches, interactions, and awareness, issues facing allies today, closing questions/discussion

Christine Caulfield is currently a volunteer at Mainetransnet, a statewide non-profit supporting transgender people in many capacities, as well as its Co-Chair of the 35+/Elder Caucus, facilitating programming, support, and events for transgender people over the age of 35. She is a former public high school teacher of twenty-two years, teaching history, civics and government, several electives, AP courses and a teamtaught course that explored the origins of power and privilege in US history. She is a parent of two adult daughters, and a very proud grandparent of three. She has a great deal of experience teaching workshops on various topics, as well as participating in discussion and training panels as a representative of the transgender community. In the summer of 2022, her testimony was key in the passing of the name change bill by the Maine State Legislature, which ended the requirement for the public notice of name changes in whatever contexts, protecting people who change their names from harassment, discrimination, and violence. Just recently, she joined the Greater Portland Health's Board of Directors, which serves over 50,000 patients in the Portland area, almost all within the homeless, immigrant and BIPOC, and LGBTQ+ populations.

Registration through the KFL website is appreciated, but not required.

Adult Book Discussion - August 22



Join us on Tuesday, August 22 at 1:00 p.m. to discuss *The Midnight Library* by Matt Haig.

"If you could live your life over again, would you make the same choices? Nora Seed is depressed: Her best friend has ghosted her from the other side of the world; she is estranged from her brother; she just got fired; and her cat died. Suicide seems to be the answer, but instead of dying, she awakens in a library of infinite books, all about the lives she could have lived. There she meets her school librarian, who guides her first to her 'Book of Regrets,' where she sees every choice she made, while the rest of the books take her on journeys to visit her potential lives. What if, instead of

quitting the band, she became a rock star? Or instead of leaving school, she became a world-renowned glaciologist? Nora gets to live these alternative lives, the goal being to find the life that will make her happy. But happiness, even in this fantasy, still proves elusive; perhaps that wasn't the goal after all. VERDICT Haig (How To Stop Time) takes readers on a journey of quantum physics that will have them feeling that they actually understand the theory." --Stacy Alesi (Library Journal, vol 145, issue 10, p69)

Tech Time - Wednesdays and Thursdays



Are you stuck on a technology question that might need some extra help to be solved? Whether it be trying to use one of the library's digital services, making heads or tails of a new device, or just having a second pair of eyes help troubleshoot a piece of software, don't worry, the library is here to help! To sign-up for one of our Tech Time appointments, please visit the front desk to be placed on our scheduling sheet. Appointments to meet one-on-one with our Technology Educator can be scheduled **Wednesdays** from 2:00 - 4:00 p.m., and **Thursdays**

from 10:00 a.m. - 12:00 p.m. Appointments are 45 minutes long, but there is always an opportunity to schedule a follow-up appointment if we run over our time limit. When setting up the appointment, help us to better assist you by describing the issue you want to discuss. If possible, also make sure to bring your charged device with you along with any needed usernames and passwords. If you have any questions or concerns, please feel free to visit us at the desk, call (207) 985-2173, or email our technology educator at kfl@kennebunklibrary.org so we can help you further.

August Take-and-Make Kit: Catnip Toys



Since cats have been on our minds lately, this month's take and make is DIY catnip toys. Kits will be available starting Monday, August 14, while supplies last.

First Friday Fun - August 4



Looking forward to the weekend? Let's kick it off with an activity to take home from the library! Each first Friday of the month there will be a different crafting activity and Summer Reading pin for you to pick up. For this month, on **August 4**, there will be kits to make paper lanterns to decorate your room available in the Walker Room (where we keep our YA books). You can grab one of these crafts at any time, and the bags will be available until they are all taken. This event is free, wheelchair accessible, and open to teens ages 10 and up! If you have any questions, see Miss Emmaline downstairs in the children's room, or call at (207) 985-2173. To learn more about the fun programs we're offering this summer, visit the library or

our website for more information.

The Dragon Hunter and Treasure Seekers Guild - August 7 & 14



Welcome, young adventurers! Come join in on an exciting quest in the world of Dungeons and Dragons, and let's continue with our Summer Reading Campaign! Open to new and experienced players alike, we will meet on Monday, **August 7 & 14** from 3:30-4:30 P.M. For the next three sessions of our game, we will continue on our journey to map the Forest of the Unknown to find out more about the origins of the Creatures of Unknown, and we will be encountering all sorts of characters and challenges

along the way! All playing supplies will be provided, just bring your imagination! This event is free, wheelchair accessible, and open to Teens ages 10 and up. New players are encouraged to join in on the adventure! If you have any questions, see Miss Emmaline downstairs in the children's room, or call (207) 985-2173.

Chill Gaming - August 17



Are you ready to chill, eat some snacks, hang out with friends, and play some games? This month's Chill Gaming Program will be an in-person Mario Kart Tournament - wahoo! We will meet on the third Thursday of the month, **August 17**, from 3:30 - 4:30 p.m. The library will host the game, all you need to do is get ready for the big race! Registration is required for this event, and players will be organized into brackets to ensure that everyone has a chance to compete. This event is open to Teens ages 10 and up. If you have any questions, see Miss Emmaline in the Children's Room, or call (207) 985-2173.

Anime Club - August 23

Interested in learning more about crocheting, and the Japanese technique called Amigurumi? Join us for Anime Club on Wednesday, **August 23**, in Hank's Room from 5:00-6:00 P.M. to learn how to make your very own kawaii plushie! All supplies will be provided by the library, and there will be both in-person and video instructions as you learn more about this fun art process. This program is designed for dedicated fans, and for new fans who are interested in learning more about the art and fandom. This event is free, wheelchair accessible, and



open to Teens ages 10 and up. If you have any questions, see Miss Emmaline downstairs in the children's room, or call (207) 985-2173. We look forward to seeing you there!

Children's Programs



Beadcraft - August 2

It's time for Beadcraft – even in the summer! Perler Beads - tiny plastic beads that can melt - were first introduced as a craft in Sweden in the 1950's, and we still love them! Children ages 6 and up, or age 5 with a caregiver, are invited to join us for an afternoon of beading fun on Wednesday, August 2 at 1:00 p.m. Design suggestions will be offered, but creativity is encouraged! All craft materials will be provided. Registration is recommended but not required.



Story Festival - August 2

KFL is holding its first ever story festival on August 2 at 6:00! Young authors of all ages are invited to register to tell their own original story. Registration recommended but not required. Those who register will be asked to come to the library at some point during the summer and pick up three random story "elements." Using these elements, authors will come up with a story that they will share at our festival on August 2.



Stuffed Animal Sleepover - August 3-4

Time for a slumber party – but this one's for the toys! Kennebunk Free Library is having a stuffed animal sleepover August 3-August 4. On Thursday, August 3 at 3:30 p.m., bring a stuffie, doll, or lovey to the library. Weather permitting, we will share a story and make a craft. Tuck your friend in for the night and say, "Say you tomorrow!" On Friday, August 4 at 10:00 a.m., come to the library to pick up your friend! We will have breakfast treats and a slideshow of pictures showing you what your friend was up to all night! The slideshow will also be available for online viewing on our Facebook page. This event is for children ages 0-10 and their loveys. One stuffed animal or lovey per child. This event

requires registration.



31st Annual Pet Show - August 7

Kennebunk Free Library will be holding its 31 st Annual Pet Show on August 7 at 6:00 p.m. on the library's front lawn. In the past, the library has been visited by a variety of animals from cows to snails and everything in between! Share your pet and receive a certificate! This year, owners can lead their pets across the library lawn for everyone to admire. Kennebunk Veterinary Hospital will be on hand to help give each pet a special title. Registration and signed waiver are required. One pet per child. Pets must be up-to-date on shots, on leash or caged, and accompanied by an adult. To register, please visit our online calendar or call 985-2173. Join us for a KFL tradition! In the event of inclement weather, the 31st Annual Pet Show will be held on Monday, August 14, at 6 pm. This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk, For more information, please call 985-2173 or visit the website www.KennebunkLibrary.org.

Kindness Club - August 8



In a world where you can be anything, be kind! Join us for our next meeting of Kindness Club on Tuesday, August 8, at 3:45 p.m. Come hear a story about kindness and make a craft! This month, we will hear about how to make our kindness reach far through the mail, and create cards and mailable hugs. This program is open to ages 6 and up; registration is appreciated but not required! Kindness has no age requirement – if a friend younger than 6 would like to join in, please reach out to Miss Maria at

mrichardson@kennebunklibrary.org, or 985-2173 x 105. Parents are encouraged to join in! When your little sees you talking about and practicing kindness, they will want to join in even more!



Working Together: Amazing Animal Builders - August 10

The Children's Museum of New Hampshire is coming to KFL! On August 10 at 2:00 p.m., join us to learn about the river ecosystem as we investigate models of structures made by some of nature's very best architects and engineers! From mammals to birds - participants will get to examine and hypothesize about these builders, think about how they work together, and explore models of the incredible structures they create.

A museum educator will lead children in a hands-on exciting, informative presentation - with a focus on

the food web, river ecosystem, and the way animals fit into their niche within it. Children will explore four activity stations and build their own mini osprey nest platform that will actually hold weight! Children will have a chance to test and re-design their creation. Children can also make osprey nests and a mini bird craft, perfect for younger children. This program is for ages 5-10, and registration is required.



Book Friends Party - August 15

Elephant and Piggie, Narwhal and Jelly, Frog and Toad – these friends were meant to be! Some of the greatest friendships can be found in books. Come to Kennebunk Free Library on August 15 at 2:30 p.m. to celebrate these book BFF's with some fun crafts! This program is for all ages; no registration is required.



Finale Party and Ice Cream Social - August 16

On August 16 from 4:00 - 6:00 p.m., drop in for a celebration of a fun-filled summer! We'll have a choice of ice cream or frozen treat, and there will be some fun games to play. We hope you can join us!



Thursday Family Fun Play

Have a morning of play at the library! On Thursday mornings in late August and September, Kennebunk Free Library will bring out the toys for a library play date. These toys are best enjoyed when the whole family plays together! Come play and make new friends at the library! All programs will run from 10 am to 11 am. Thursday Family Fun Play is for children ages 0-5 and their grown-ups. Registration is required. Upcoming Thursday Family Fun Play dates:

- · August 24
- August 31
- September 7
- · September 14
- · September 21
- September 28

August Storytimes

Let's get all together now for some stories and songs with Miss Maria! On Mondays in August at 10:00 a.m., storytimes will be held outside the library



near the faerie garden. Bring a blanket or towel to sit on, and don't forget your sunscreen! In the event of rain or inclement weather, storytime will be held indoors. We can't wait for you to join us! Upcoming Storytime dates include:

- August 7
- · August 14
- August 21
- · August 28

The results for this month's Would You Rather question are in! In July, we asked, "Would you rather change colors like a chameleon or have 8 arms like an octopus?" In the Children's Room, 89 friends wanted to change colors like a chameleon, while 43 friends would prefer to have 8 arms like an octopus. 42 friends just couldn't decide and voted for both. At the adult circulation desk, 41 friends would like to change color, and 29 friends would rather have 8 arms. 4 would like to do both. In total, we had 130 votes for change color, 72 votes for 8 arms, and 46 votes for both. Some animal experts reminded us that there are some species of octopus that can change color, too! It's a tough question! Which would you choose? Keep an eye out for next month's question and vote for your choice upstairs or downstairs!





Speers Gallery

August Artist: Suzanne Demeo

Suzanne Demeo grew up in New England and has lived in Massachusetts, Connecticut, and New Hampshire. She received a BFA from the Maryland Institute College of Art and an MS in printing technologies from RIT. After working in the electronic screen-printing industry, she and her husband and 2 small daughters moved to Williamsburg, Virginia. Suzanne was an Adjunct Professor in the William and Mary Art Department for over 20 years and ran USTA junior tennis tournaments at the college tennis facility. After 30 years in Virginia, she and her husband moved to Kennebunk in 2021.



The paintings and drawings on exhibit at the Spears Gallery are a personal record of her travels to visit family over the last several years. Suzanne's parents retired to Nevada's Carson Valley, and she visited often. She took lots of photographs of the Northern Nevada and California landscape along the Sierra Nevada Mountain range. These photographs provided inspiration for a series of drawings and paintings.

Several years ago Suzanne attended a family reunion in the Lake Sunapee region of New

Hampshire. The reunion was held at Pleasant Lake in New London, NH. This part of New England features moss covered rocks, old stone walls and abundant woodland streams. This trip led to another series of creative expressions.

Maine had been a family vacation destination when Suzanne lived in New England. In Maine, it was the rocky coastline that had the greatest appeal. Moving to Kennebunk has provided easy access to Gooch's Beach where she begins her drawings on location, using fine point permanent markers. The work is completed in her studio using photographs as a loose reference.

Ever since Suzanne was a child, she has loved public libraries and is happy to share her visual journey with the public in August.

Kennebunk Free Library is pleased to display the works of this veteran artist.

The public is invited to view the exhibit in the library's Speers Gallery from August 1-31 at 112 Main St., Kennebunk, Maine during regular library hours when the gallery is not in use for library programs. Please check the library website for current hours and gallery access, www.kennebunklibrary.org.

New Books, Audio Books, and DVDs

Please note that the new items lists below are updated regularly, but through a quirk of the system, the newest items go to the end of the list. If you want to see the newest arrivals, start on the last page and work your way backward.

Click here for a look at books that arrived in the last month.

Click here for audio/video that arrived in the last month.

Click here for new children's items that arrived in the last month

Click here for new teen items that arrived in the last month

Want to know if we have this week's New York Times bestsellers available in our various collections (print, large print, audio, ebook, eaudio)?

Click here to see the fiction and nonfiction best seller list.

Books on order for August:

August 1

<u>The Bone Hacker</u> – Kathy Reichs <u>Out of Nowhere</u> – Sandra Brown Tom Lake – Ann Patchett

August 8

<u>Happiness</u> – Danielle Steel <u>Canary Girls</u> – Jennifer Chiaverini <u>The Paris Assignment</u> – Rhys Bowen

August 14

Lion & Lamb – James Patterson

August 15

The Invisible Hour - Alice Hoffman

August 22

<u>Cursed at Dawn</u> – Heather Graham <u>After That Night</u> – Karin Slaughter Rock Bottom – Fern Michaels Dead Mountain – Douglas Preston

August 29

The Breakaway – Jennifer Weiner

The Discreet Charm of the Big Bad Wolf - Alexander McCall Smith

A Message from the Library Director



Somehow, even with the forecast predicting thunderstorms and heavy rain the day prior, it didn't rain a drop on the 26th Edition 5K! This proved to be nothing short of a miracle. Planning for the July event begins in January and a lot goes into it. By the time we get to race day, most of the fundraising has already taken place, but we still want to be able to provide a fun community event and party. We were definitely able to do this, and I want to thank everyone involved for making it happen, so Thank You! As a 501c3 nonprofit we rely on your time and generosity. Please think about joining us for our upcoming fundraisers this month as well. On August 5 we have our Community Yard Sale (vendor spots still available) and on August 9 we'll be at the Seashore Trolley Museum for ice cream night!

Pictured: Max decided to do some light reading so he picked up my textbook *Evaluation Time: A Practical Guide for Evaluation.*

Staff Picks & Messages

Ian, Library Assistant

Faith, Hope, and Carnage by Nick Cave and Sean O'Hagan

Musician Nick Cave hadn't given any major interviews since the death of his 15 year old son in 2015 when he had a series of conversations with the journalist Sean O'Hagan during the pandemic. These were collected into an autobiography of sorts, but one that focuses much more on Cave's philosophies and insights rather than a rundown of facts from his life. Cave writes beautifully about grief, loss, faith, and religion. Even if you're not familiar with Cave's music, it's a rewarding and moving read.

Kat, Library Assistant Emeritus

All the Beauty in the World: the Metropolitan Museum of Art and Me – Patrick Bringley

This work memoir was very enjoyable: an inside view of the MMA, exploration of the various galleries and the author's personal journey from Wall Street Investment banking to silent sentry. The death of his younger brother and working through the grief leads to a less frantic career and lifestyle that he manages to maintain through marriage and

parenthood. Audio version is read by the author. A relaxing read is a good summer choice. (Available from KFL as a book, audiobook and on Libby.)

Knowing What We Know by Simon Winchester

I stumbled upon this amazing compendium of human knowledge and wisdom because of the immediate need for an audio book. Warming up to the author/reader's academic English voice took some getting used to but I am so glad I persisted! How we learn is explained so well by Simon's early recollection of being stung by a wasp. Ancient knowledge of indigenous peoples is exemplified by the total survival of native people in Thailand during the 2004 Christmas tsunami. We are taken from the first writings of the Phoenicians and the discovery of paper to the Gutenberg printing press, to early word processing and computers of today, completing with a look at AI and where it may take us. So many more topics are discussed in an easily understood manner. Was I overwhelmed?? Heck no! Once I finished, I started all over again for the 14-hour ride. (Available from KFL as a book and on Libby.)

The Personal Librarian by Marie Benedict and Victoria Christopher Murray

Back to my favorite genre of historical fiction, I found this gem. Hired by JP Morgan in 1905 to curate a collection of ancient manuscripts, books and art for his new library, Belle de Costa Green, a Black American women must hide her true race to "pass" as white. She was born in Washington, DC in 1879 and raised in New York City, her early education took place with her father from early childhood with books and spending Saturdays at the MMA. She developed a great curiosity and love of art and literature. A rift tore her parents apart. Mom demanded the family present as white, while dad worked for civil rights. The father left, Ms. Green was trained in cataloguing and reference by working at Princeton University Library starting in 1902. This well researched novel represents the struggle and accomplishments of this incredible woman. (Available from KFL as a book and audio book.)

Kennebunk Free Library | kennebunklibrary.org







