

August 2022 | Volume 29, Issue 8

Library News and Events

Summer Reading Finale Ice Cream Social! - August 17



On August 17 from 4:00 - 6:00 p.m., drop in for a celebration of a fun-filled summer! We'll have a choice of ice cream or frozen treat, and there will be some fun games to play. We hope you can join



2022

To our dedicated Volunteers, Sponsors, Auction Partners and 5K Participants:

THANK YOU for making KFL's 25th Edition 5K one of our MOST SUCCESSFUL fundraisers to date! <u>66 area</u> <u>businesses sponsored the 5K and another 57 businesses and individuals provided fabulous items for our Auction!</u> This unprecedented community support, combined with our race registrations, brought in over \$40,000!

The race and lawn party were so much fun, with 338 folks registering for the race and an additional 150 folks cheering

on the runners and walkers. The Kennebunk River Band treated us to fabulous live music and Federal Jack's provided the snack bags and beer. It really was a party!

Everyone enjoyed the new course that featured a portion of the beautiful Hope Cemetery & Woods trail system. Participants noted how well-maintained and picturesque the trails are and appreciated being out of traffic for the majority of the course. The Kennebunk Police Department was a dream to work with and did a fabulous job keeping everyone safe!

None of this fun would have been possible without the 75 dedicated volunteers who stepped up to help the staff bring this event to life! They hung flyers, prepped snack bags and fruit, set up tents, monitored the race course, and probably did close to a thousand other things too!

Please accept our most sincere thanks for making a difference in our community with your support of KFL and the 5K! You are a Library Champion!

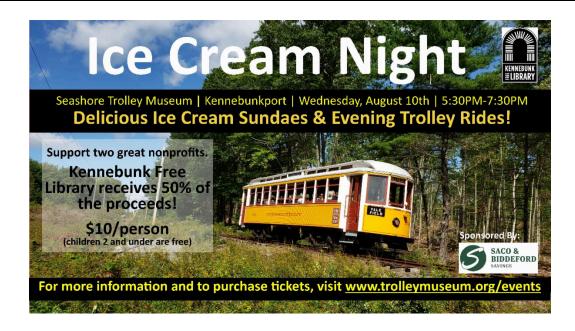
Click on this link to see the complete list of 5K Sponsors and Auction Partners!



Bulb Sale - Order by August 5

For the second year in a row, the Kennebunk Free Library will be selling bulbs, a cheerful mix of Landscape daffodils that are tall enough (12" – 18") to be seen from a distance. New in 2022, we will also be offering separate bags of paperwhite narcissi for forcing and a limited quantity of 20 paperwhite arrangements that will be potted and wrapped, ready to give as gifts. Our bulbs will be ordered from Fedco, a Maine-based company. The daffodil bulbs will ship mid-October and the paperwhites will ship later. Exact pick-up dates to be determined. We want to encourage the community to plant and make Kennebunk a "Daffodil Destination." This would take a few years of increased planting every year, and it has a great potential to grow!!

ORDER NOW



Ben's Tiny Tech Tips

Mastering Technology Bit by Bit

Have you ever been working with a document and it seemed like the formatting had a mind of its own? Chances are there is invisible formatting getting in your way from a template, previous edits, copy and pasted elements, or any number of other culprits. This can usually be fixed in one of three ways. 1) Delete all the blank space before and after the weirdness. This often deletes the unwanted formatting, too. 2)

Find the show/hide paragraph and formatting options. In Word it is under the Home ribbon under "Paragraph." The button looks like a backwards "P." This should reveal many, if not all, of the hidden elements on the page. 3) Copy and paste the text into a new document as "plain text." Right-click and you should see a special paste option to paste as plain text or unformatted. This should give you a fresh format free version of the text to work with.

Staying Safe Online

Beware of Click-bait. Click-bait is generally something inflammatory used to get you to click on an article. It is the internet's version of getting "bait and switched." Much of the money generated online is based off of what links you click on. This incentivizes companies to make overzealous headlines just so you feel more compelled to click on them. If you are ever reading an article and the content doesn't quite match the headline, or the headline itself is telling you how to feel about an issue before presenting you with any facts, then the article is probably click-bait. If you decide to keep reading, just make sure you take the information with a grain of salt as this is a key indicator that the author/company values quantity of viewership over quality of their work.

Adult Programs

Reader's Choice Book Club - August 1

Reader's
Choice
Book Club
Monday,
August 1
at 2:00 p.m.
This month's theme...
Possibilities

Reader's Choice Book Club will meet on Monday August 1 at 2:00 p.m. in the Walker Room. This month's theme will be: Possibilities.

How does this book club work? You choose your own book to read based on the monthly theme, and then join us for a casual and fun conversation. Everyone is welcome!

In Stitches - August 2, 9, 16, 23, 30



Do you love to knit? Crochet? Sew? Have you always wanted to learn? Do you have an unfinished project hidden on the closet shelf? Then join us every Tuesday at 11:00 for "In Stitches", our weekly handicrafts group! Grab that half-finished project and enjoy the company of others while you work; all skill levels are welcome. Feel free to stop by for a few minutes or stay the whole hour.

On the first Tuesday of the month, In Stitches will take place on Zoom; see our events calendar for the link to the meeting. The rest of the month, the group will meet in-person either inside the library or, weather permitting, outside at the picnic table between the library and the church. See our events calendar the day of for location. Masks are required when meeting inside.

White Sharks in the Gulf of Maine - August 2

You may have seen some stories in the news lately about the increased presence of white sharks off the Maine

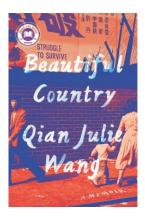


coast, but how much do you know about these fascinating creatures? Sue Perkins will be at Kennebunk Free Library on Tuesday, August 2 at 6:00 p.m. to tell us more about these recent visitors to the Gulf of Maine.

Sue Perkins is a graduate student in Biology in Miami University's (Oxford, OH) Project Dragonfly program. Her research focus for the past two years has been on the presence of white sharks in the Gulf of Maine. As part of her conservation outreach and course work, she has received a Maine SeaGrant to develop a pop-up educational booth called *Respect the Locals*. Sue will be

taking the booth to state park beaches as well as coastal community events to talk about sharing the waters of the Gulf with white sharks, how to be *Shark Smart and Shark Safe* when using the water recreationally, and the conservation success story that is going on in the Gulf of Maine. Sue is also a science teacher at Brunswick High School.

Nonfiction Book Group - August 8



Join us on Monday, August 8 at 6:30 p.m. to discuss *Beautiful Country* by Qian Julie Wang.

"In this powerful debut, Wang reflects on her childhood experiences as an undocumented immigrant. Her family traveled to the United States to escape communist rule in China when she was seven years old. The family settled in Manhattan's Chinatown, where they experienced disillusionment and poverty as they worked exploitative jobs while fearing the ever-present threat of deportation. Wang tells her family's story from her then-perspective as a child who was attempting to understand her new life. She makes frequent comparisons to her life in China and the United States as she learns to navigate a new culture and

language and finds solace in her small but powerful collection of books. Wang's relationship with her parents becomes complicated when their mental health becomes more fragile, and her mother's health declines. Finally, Wang's mother feels compelled to make a change that will alter the family forever. Wang doesn't gloss over the hardship and trauma she experienced as an undocumented immigrant in the United States. She movingly tells how undocumented families like hers are often overlooked and their experiences ignored." (Library Journal, vol 146, issue 7, p81)

Cutting the Cord - August 9



With the cost of just about everything rising, many people are exploring new ways to trim their budgets. Seeking cost savings by ditching cable and switching to streaming services is one such way. Join us on August 9 from 6:00 to 7:00 p.m. for an information session on this process better known as "Cutting the Cord." Cost savings end up being just one of many reasons people are exploring this new way of watching TV. Ben, our resident Technology

Librarian, will help to further explain why people might want to do this, what is needed to get up and running, and what popular services people often use when they make the switch.

Pirates! with James Nelson - August 10

No ocean-themed summer reading program would be complete without some pirates! Author James Nelson will be at KFL on



Wednesday, August 10 at 6:30 p.m. to talk about all things pirate.

Jim Nelson was born and raised in Maine, and for six years worked on board traditional sailing ships before launching a writing career in 1994. He has since written more than twenty-five works of maritime fiction and history. He is the winner of the American Library Association/William Young Boyd Award and the Naval Order's Samuel Eliot Morison Award. Nelson has lectured all over the country and appeared on the Discovery Channel, History Channel, National Geographic and BookTV. He currently lives in Harpswell, Maine, with his former

shipmate, now wife, Lisa.

Take Note - August 15



Take Note will meet on Monday, August 15 at 2:00 p.m. in the Walker Room at the library.

What is Take Note? It's a monthly meetup for folks who love journals, planners, digital notebooks, snail mail, stationery, pens, & more! Our discussion is free form, and no experience is needed. All are welcome!

Easy Ways to Reduce, Reuse, Recycle - August 16



Kennebunk Free Library presents *Easy Ways to Reduce, Reuse, Recycle* on Tuesday August 16 at 6:30 p.m. Library Assistant Kat Boucher will share a method of changing one behavior at a time to minimize single use plastics, recognize and utilize reusable materials, and reduce purchases of expensive and harmful household chemicals. Participants will leave with ideas that they might use or prompt them to think of ways to make their own changes. Do you have your own favorite methods? Come in ready to share them.

Trivia Night - August 17



Carol's Trivia Night is back! Join us on the 3rd Wednesday of each month at 6:30 for an evening of fun, challenging questions. Play as an individual, bring your own team, or join a team at the library.

Adult Book Discussion - August 23

Join us on Tuesday, August 23 at 1:00 p.m. to discuss *The Vanishing Half* by Brit Bennett.



"Inseparable identical twin sisters ditch home together, and then one decides to vanish.

The talented Bennett fuels her fiction with secrets—first in her lauded debut, *The Mothers* (2016), and now in the assured and magnetic story of the Vignes sisters, light-skinned women parked on opposite sides of the color line. Desiree, the "fidgety twin," and Stella, "a smart, careful girl," make their break from stultifying rural Mallard, Louisiana, becoming 16-year-old runaways in 1954 New Orleans. The novel opens 14 years later as Desiree, fleeing a violent marriage in D.C., returns home with a different relative: her

8-year-old daughter, Jude. The gossips are agog: "In Mallard, nobody married dark....Marrying a dark man and dragging his blueblack child all over town was one step too far." Desiree's decision seals Jude's misery in this "colorstruck" place and propels a new generation of flight: Jude escapes on a track scholarship to UCLA. Tending bar as a side job in Beverly Hills, she catches a glimpse of her mother's doppelgänger. Stella, ensconced in White society, is shedding her fur coat. Jude, so Black that strangers routinely stare, is unrecognizable to her aunt. All this is expertly paced, unfurling before the book is half finished; a reader can guess what is coming. Bennett is deeply engaged in the unknowability of other people and the scourge of colorism. The scene in which Stella adopts her White persona is a tour de force of doubling and confusion. It calls up Toni Morrison's The Bluest Eye, the book's 50-year-old antecedent. Bennett's novel plays with its characters' nagging feelings of being incomplete-for the twins without each other; for Jude's boyfriend, Reese, who is trans and seeks surgery; for their friend Barry, who performs in drag as Bianca. Bennett keeps all these plot threads thrumming and her social commentary crisp. In the second half, Jude spars with her cousin Kennedy, Stella's daughter, a spoiled actress.

Kin "[find] each other's lives inscrutable" in this rich, sharp story about the way identity is formed. *Kirkus Reviews*

Encaustic Art Demonstration with Kathy Ostrander Roberts - August 23



On Tuesday, August 23 at 6:00 p.m., encaustic artist Kathy Ostrander Roberts will be at KFL to give a demonstration of her technique. Encaustic painting is an ancient technique that involves the use of hot wax mixed with resin and pigment.

Lighthouses of Southern Maine and New Hampshire - August 24



On Wednesday, August 24 at 6:30 p.m., the Kennebunk Free Library will host lighthouse expert Jeremy D'Entremont for a presentation about the lighthouses of Southern Maine and New Hampshire.

D'Entremont has been called the leading expert on New England's historic lighthouses. He is the author or coauthor of more than 20 books, including *The Lighthouses of Maine, The Lighthouses of Massachusetts, The Lighthouses of Rhode Island, The Lighthouses of*

Connecticut, Great Shipwrecks of the Maine Coast, The Lighthouse Handbook: New England, All About Nubble Light, and Ocean-Born Mary: The Truth Behind a New

Hampshire Legend.

D'Entremont is the president and historian for the American Lighthouse Foundation, founder of Friends of Portsmouth Harbor Lighthouses, and the historian for the U.S. Lighthouse Society. He has appeared on the History Channel, the Travel Channel, Public Television, and National Public Radio speaking about lighthouses and other subjects. He also produces and hosts a weekly podcast called *Light Hearted* for the U.S. Lighthouse Society.

Tech Time - Tuesdays, Thursdays, and Fridays



Now more than ever, technology has become a constant in our daily lives. Though advertised as simple and easy, it moves too fast for most of us to keep up with. Whether it be trying to use one of the library's digital services, making heads or tails of a new device, or just to have a second pair of eyes help troubleshoot a piece of software, don't worry, the library is here to help!

Sign-up for one of our Tech Time appointments, Tuesdays at 2:00 and 3:00 p.m., Thursdays and Fridays from 2:00-5:00 p.m., to meet one-on-one with a librarian and work through your technology question.

Appointments are only 45 minutes long so just keep in mind there may only be time to discuss a small number of things. When setting up the appointment help us to better assist you by describing the issue you want to discuss. If possible, also make sure to bring your device with you along with any needed usernames and passwords. Contact us at 207-985-2173 or via email at kfl@kennebunklibrary.org to setup your appointment today.

Take-and-Make: Nautical Keychains



This month's take and make will include all the materials and instructions you will need for creating a nautical anchor keychain. Kits will be available starting Tuesday August 9, while supplies last.

Teen Programs

Chill Gaming - August 4 & 18

Want to chill, eat snacks, and play games? Come hang out with friends, test out your gaming card decks, play on our Nintendo Switch, try out new RPG board games, or anything else in between for our event, Chill Gaming! Basically anything that relaxes you is welcome and encouraged! We will meet every other Thursday on August 4 and 18 from 3:30 - 4:30



p.m. There will be games provided by the library, but players are free to bring their own games, learn new games at their own pace, or you can just come to hang out! This event is free, wheelchair accessible, and open to Teens ages 10 and up. If you have any questions, see Miss Emmaline in the Children's Room, or call at (207) 985-2173.

The Dragon Hunter and Treasure Seekers Guild - August 1, 8, 15, 22, 29



Are you ready to go on a summer adventure to Hawkins, and fight a battle with the Thessalhydra? As if this game couldn't get any stranger, come and join in on an exciting Stranger Things based quest in the world of Dungeons and Dragons! Open to new and experienced players alike, we will meet every Monday on August 1, 8, 15, 22, and 29 from 3:30 - 4:30 p.m. You're welcome to bring in a character from a previous game, to make a new one, or to use one of the pre-made characters provided in the

starter set. All other supplies will be provided, just bring your imagination! This event is free, wheelchair accessible, and open to Teens ages 10 and up. New players are encouraged to join in on the adventure. If you have any questions, see Miss Emmaline downstairs in the children's room, or call at (207) 985-2173.

Friday Fun - August 5, 12, 19



Looking forward to the weekend? Let's kick it off together with friends at the library! Come join us every Friday on August 5, 12, and 19 from 3:30-4:30 P.M. for some fun! Each Friday there will be different activities to do, games to play, and crafts to make. These events are free, wheelchair accessible, and open to teens ages 10 and up! If you have any questions, see Miss Emmaline downstairs in the children's room, or call at (207) 985-2173. To learn more about the fun programs we're offering this summer, visit the library or our website for more information!

- August 5, Recycled Koi Fish and Mermaid Crafts: Come hang out with us for a fun afternoon of crafts and gaming!
- August 12th, Sea Monster Smackdown: We're pulling out the projector to stream your favorite sea monster videos or movie clips. Come enjoy watching horrors of the deep, coloring pages, and snacks.
- August 19th, Bottle Planters and Seed Paper: Got a green thumb? Come make fish bowl planters using liter bottles and start growing your garden today

Pirate Escape Room - August 10 and 11



Arggg, I seem to have lost the legendary Rossia Pacifica! Do you think that you could help our crew track it down before it's too late? It's a prized possession that many a pirate would like to take, and we don't want to take the risk of losing it for good. If you are up for the challenge, and willing to lend a hand, the escape room will be open for Families on Tuesday, August 10, from 11:00-4:30, and Teens on Wednesday, August 11, from 1:00-

5:30. This escape room is a part of our Summer Reading Program, Oceans of Possibilities! The event will be held in Hank's Room, and registration is required. To check availability and register for a time slot for teens, or for families, there will be sign-up sheets available downstairs in the Children's Room. This event will have a Family and Teen Day, it is free, and it is wheelchair accessible. It is recommended for families with children who are 5 years old and up, and Teens who are 10 years old and up. If you have any questions, see Miss Emmaline downstairs in the children's room, or call (207) 985-2173. To learn more about the fun programs we're offering this summer, visit the library or our website for more information

Children's Programs



Pet Show (Rescheduled from July) - August 1

Kennebunk Free Library will be holding its 30th Annual Pet Show on August 1 at 6 p.m. In the past, the library has been visited by a variety of animals from cows to hermit crabs - and everything in between! Share your pet and receive a certificate! Dr. O from Kennebunk Veterinary Hospital will be on hand to help give each pet a special title. Registration and signed waiver are required. One pet per child. Pets must be up-to-date on shots, on leash or caged, and accompanied by an adult. Please clean up after your pet. To register, please visit the library or call 985-2173. Join us for a KFL tradition! This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information, please call 985-2173 or visit the website www.KennebunkLibrary.org.

We will also have a photo slideshow of your pets online! It will have a Facebook Premiere on Tuesday, August 2, at 6 p.m. After the premiere, the slideshow will be available to watch anytime. To submit your photo to the slideshow, send an email to ys@kennebunklibrary.org with your name, your pet's photo, your pet's name, and your pet's age. Please send your email submissions by Friday, July 29.

The in-person portion of this program will be held on the library's front lawn. Masks are strongly recommended. The 30th Annual Pet Show is part of Oceans of Possibilities, our Summer Reading Program. To learn more about the fun programs we're offering this summer, visit the library or our website for more information!

Sparks' Ark - August 5

Come discover wild animals with Sparks' Ark on August 5 at 3:00 p.m.! What animals will we see this time? The possibilities are endless! Sparks' Ark is based in the greater Portland area, and has been active for 30 years. They have a private reserve



where animals are rehabilitated. Sparks' Ark shows are always wild and exciting! This event is for all ages. No registration is required. This event is planned to be held outside. In inclement weather, we will be inside the library. Masks are required when attending library programs.



A Visit from Kennebunk Fire and Rescue - August 15

Come to the Kennebunk Free Library on Monday, August 15, at 10 a.m. to meet our local fire fighters and learn about fire fighting! Kennebunk Fire and Rescue will come visit us at the library to teach us about what it takes to become a firefighter, and how to keep ourselves safe. An emergency vehicle will be available to see up-close! All ages are welcome.



Swashbuckler's Quest - August 11

Ahoy matey! Do ye think ye have the mettle to be a pirate? Come find out at the Swashbuckler's Quest on Thursday, August 11, at 2 pm! Try your hand at buccaneering obstacles and challenges, make crafts fitting for first-mates, and of course, dig for buried treasure! This event is for all ages. No registration is required. This program will be held outside. In the event of inclement weather, a rain date of Friday, August 12, at 2 pm has been scheduled.

Swashbuckler's Quest is part of Oceans of Possibilities, our Summer Reading Program. To learn more about the fun programs we're offering this summer, visit the library or our website for more information! This event is free and wheelchair accessible. Kennebunk Free Library is located at 112 Main St., Kennebunk. For more information and to register, please call 985-2173 or visit the website www.kennebunkLibrary.org.

Middle Grade Book Group - August 19

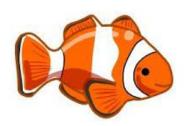
The Page Turners Middle Grade Book Group is back! In August, we will be reading Song For a Whale by Lynne Kelly. Stop by either library to pick up your copy of the book. On Friday, August 19 at 3:00 p.m., we will meet in person at the Graves Library in Kennebunkport to chat and discuss the book.

Meetings will run from 3:00 until 4:00, and snacks will be provided. This program is open to teens and



tweens from ages 10-14.

This book club is being offered by Louis T. Graves Memorial Public Library and Kennebunk Free Library. Hosts will be Terri Bauld from Graves Library and Maria Richardson from Kennebunk Free Library. Please sign up in advance by calling either the Graves Library at 967-2778 or Kennebunk Library at 985-2173. Please read the book in advance of the meeting. If you have any questions, please call either library for more information. Join Miss Terri and Miss Maria for some great conversations and fun!



Ocean Friends from the Movies - August 18

Where can you find mermaids, fish looking for their way home, and giant hermit crabs? In the movies, of course! On Thursday, August 18, at 2:30 p.m., come enjoy crafts and activities inspired by our friends in ocean movies. This event is for all ages. No registration is required.



Finale Party! - August 17

On August 17 from 4:00 - 6:00 p.m., drop in for a celebration of a fun-filled summer! We'll have a choice of ice cream or frozen treat, and there will be some fun games to play. We hope you can join us!



Outdoor Storytimes - August 1, 8, 15

Dive into some stories with Miss Maria! On select days in August at 10:00 a.m., storytimes will be held outside the library near the faerie garden. Join us for songs, stories, and fun! Bring a blanket or towel to sit on, and don't forget your sunscreen! In the event of rain or inclement weather, storytime will be held indoors. The location of storytime will be announced by 8 a.m. on the morning of storytime, and will be shared on our Facebook page and website. We will be taking a short Storytime break from August 22-September 5. Upcoming Storytime dates include:

- · Monday, August 1
- · Monday, August 8
- · Visit from Kennebunk Fire and Rescue: Monday, August 15 (rain or shine)

Children's Room Updates

Did you come to a program but didn't receive a badge? Come to the circulation desk in

the Children's Room and let us know! We'll make sure you get your badge!

We will be taking a short storytime break from 8/22-9/5. We'll be back to share more songs and stories in September!

The results for this month's Would You Rather question are in! In July, we asked, "Would you rather swim in the ocean or swim in a pool?" 45 friends wanted to swim in the ocean, while more friends than we could count would prefer to swim in a pool. 7 friends would love to do both, and placed a sticker right on the center line. It's a tough question! Which would you choose? Keep an eye out for our next Would You Rather question in the Children's Room!



Speers Gallery

August Artist: Madeleine Hopkins

The Kennebunk Free Library announces its next Speers Gallery exhibit, "Peace of My Mind" by Madeleine P. Hopkins, opening Monday, August 1st. The exhibit is a visual memoir of Madeleine's art and prose, and consists of 33 landscape paintings or prints coupled with the written word. She uses a combination of oil, acrylic, watercolor and pastel.

The public is invited to attend an artist reception on Wednesday, August 3 from 1:00 – 3:00 pm. Masks are required.

Madeleine was born in Philadelphia, Pennsylvania, grew up in Gladwyne, Pennsylvania, and moved to southern Maine in 1987. She is a graduate of Rhode



Island School of Design with a Bachelor of Fine Arts in Illustration and has worked as an illustrator, painter, interior designer, gallery owner/manager, architectural designer and she is also a self-published author.

Her paintings hang in several public and private collections, including Barn Gallery/Ogunquit Art Association in Ogunquit, ME, Hole in the Wall Studioworks in Raymond, ME and Roux & Cyr International Gallery in Portland, ME. Madeline lives in

southern Maine with her husband, Chris.

Kennebunk Free Library is pleased to display the work of this talented artist.

The public is invited to view the exhibit in the library's Speers Gallery from June 1-30, 2022 at 112 Main St., Kennebunk, Maine during regular library hours when the gallery is not in use for library programs. Please check the library website for current hours and gallery access, www.kennebunklibrary.org.

New Books, Audio Books, and DVDs

Please note that the new items lists below are updated regularly, but through a quirk of the system, the newest items go to the end of the list. If you want to see the newest arrivals, start on the last page and work your way backward.

<u>Click here</u> for a look at books that arrived in the last month.

Click here for audio/video that arrived in the last month.

Click here for new children's items that arrived in the last month

Click here for new teen items that arrived in the last month

Want to know if we have this week's New York Times bestsellers available in our various collections (print, large print, audio, ebook, eaudio)?

Click here to see the fiction and nonfiction best seller list.

August 2

<u>Black Dog – Stuart Woods</u> <u>Reckoning – Catherine Coulter</u>

August 16

Overkill – Sandra Brown
The Challenge – Danielle Steel
The Housekeeper – Joy Fielding

August 23

Babysitter – Joyce Carol Oates
The Hunt – Faye Kellerman
The Ninth Month – James Patterson
Girl, Forgotten – Karin Slaughter

August 30

<u>Quicksand – Janet Dailey</u> Tick Tock – Fern Michaels

A Message from the Library Director

What an absolute whirlwind to end our fiscal year on June 30! Our Annual Appeal concluded successfully (that information will be in an upcoming newsletter), our summer reading program had just kicked off,



and we hosted our 25th Edition 5K on July 8. It's the time of year I couldn't be prouder to be a part of Kennebunk Free Library and our community and of course, our amazing staff. Everyone is truly running full throttle right now so if you get a chance, please stop by and thank your favorite librarian.

For those of you who are dedicated readers, I challenge you to check out a program if you haven't done so before. Or, if you're still hesitant to socialize in-person, you can always pick up a take and make craft or participate in summer reading through Beanstack. We want everyone to have a great experience at KFL. If you ever have suggestions or questions please feel free to reach out to me at mconners@kennebunklibrary.org.

Pictured: My son Max had a visit to the ER recently after some playful fun with his sister caused him to split his lip open. Bloody shirt and all, he still enjoyed a good library book while in the waiting room.

Staff Picks & Messages

Kat, Library Assistant

Atlas of the Heart – Mapping Meaningful Connections and the Language of Human Experience by Brenè Brown

As you explore eighty-seven of the emotions we experience as humans, the author guides you through some tricky areas of communication and negative self-talk. I found her ideas about dealing with anxiety, especially at the stressful breaking point, very useful. Through her own and other's experiences, she shares ways of avoiding relationship landmines and getting through hard conversations even if tempers flare. Not a clinical study, these are practical life experiences of love, joy, grief...well eighty-seven emotions. I listened to and thoroughly enjoyed the audio book, read by the author.

Julia directed by Julie Cohen & Betsy West

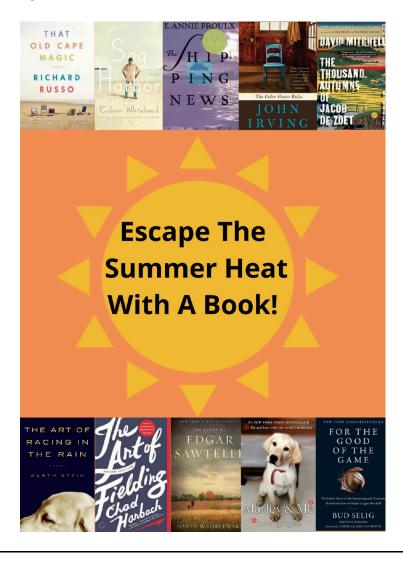
Using footage from Julia's earliest shows to her last series on PBS with Jacques Pepin, and through interviews with family, friends, her cowriters in France and production people we come to know her many strengths. The DVD starts with the music from her first PBS show and slides into "Fire" by Jimi Hendrix. That caught my attention! Fast paced cooking footage follows. I loved the beginning. Julia's early life, military career, long love affair with her husband, and her unique brand of feminism. Even if you aren't a fan, this is an interesting story of a strong woman and the man that supported her as she stood for female equality in the workplace and on television.

Sea of Tranquility by Emily St. John Mandel

I did it again, tried another science fiction novel. This one started slow and confusing but about a third of the way through things started to come together in a

very interesting way. Time travel, moon colonies and multiple pandemics in different centuries unwind in a tale that ends in a time warp twist.

Denise, Library Assistant



Kennebunk Free Library | kennebunklibrary.org







